



# Stably stratified rotating turbulence

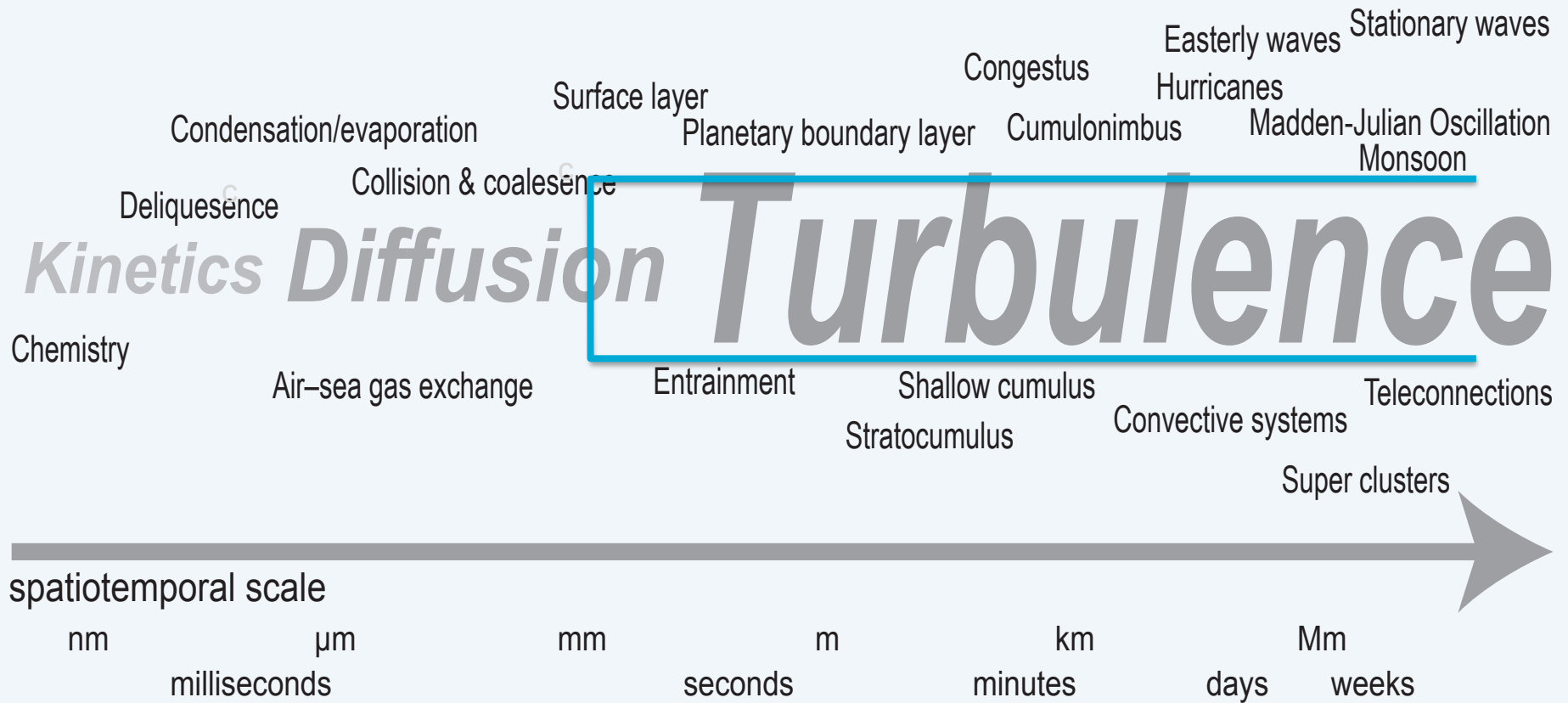
## What's different?

Annick Pouquet<sup>1,2</sup>

Corentin Herbert<sup>3</sup>, Raffaele Marino<sup>4\*</sup>, Pablo Mininni<sup>5</sup>, Cecilia Rorai<sup>6\*</sup> & Duane Rosenberg<sup>7</sup>

1: *LASP*; 2: *NCAR*; 3: *Weizmann*; 4: *Berkeley*; 5: *U. Buenos Aires*; 6: *Nordita*; 7: *OakRidge*

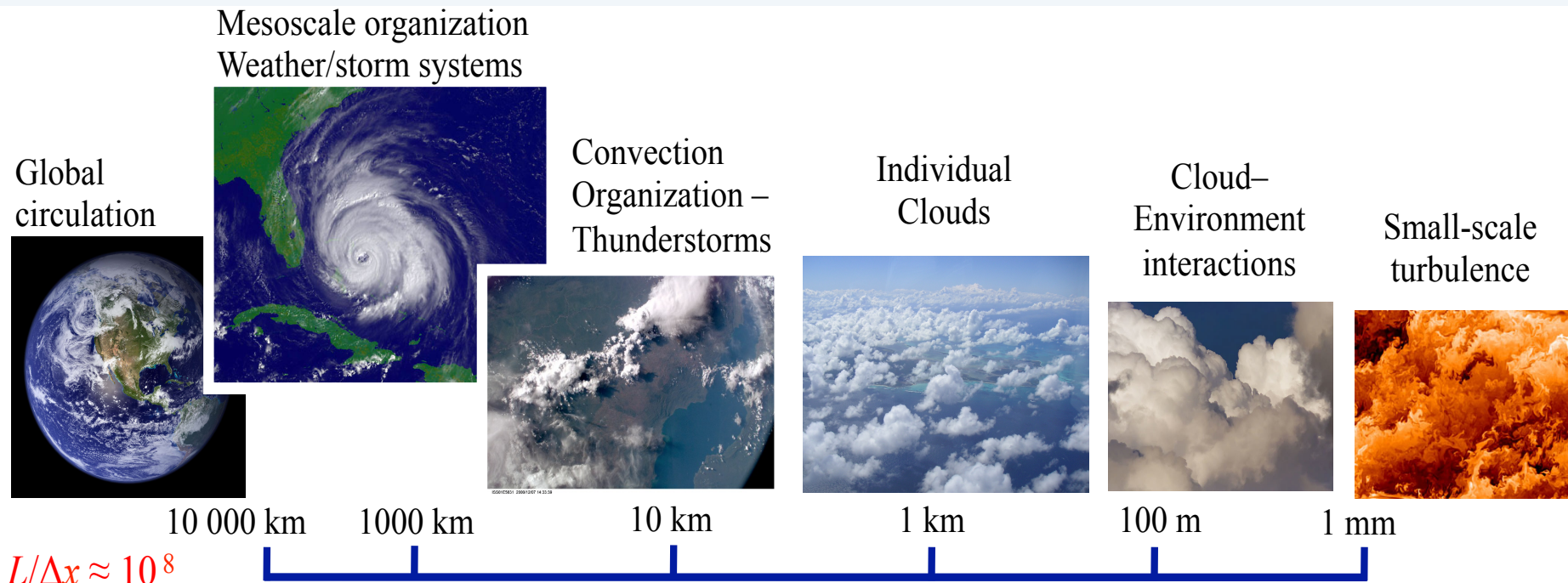
*NSF/XSEDE - ASC090050 & TG-PHY100029 and Yellowstone (ASD/NCAR); INCITE/DOE - DE-AC05-00OR22725 \* NSF/CMG 1025183*



“Cloud controlling factors”

*Bringuier et al., 2009*





Global circulation model (GCM)

$L/\Delta x \approx 10^2$



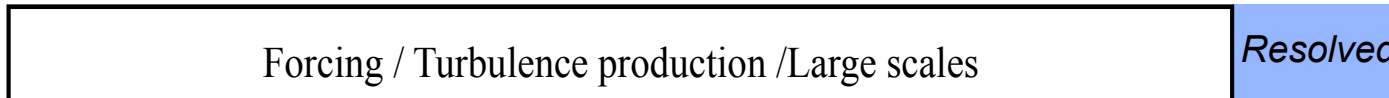
Large-eddy simulation

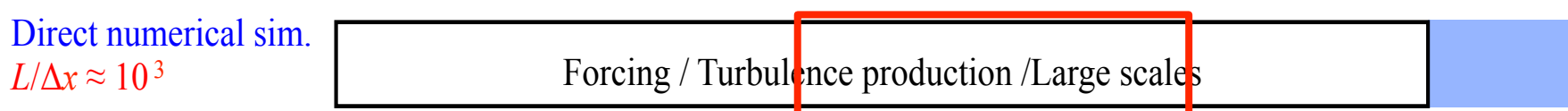
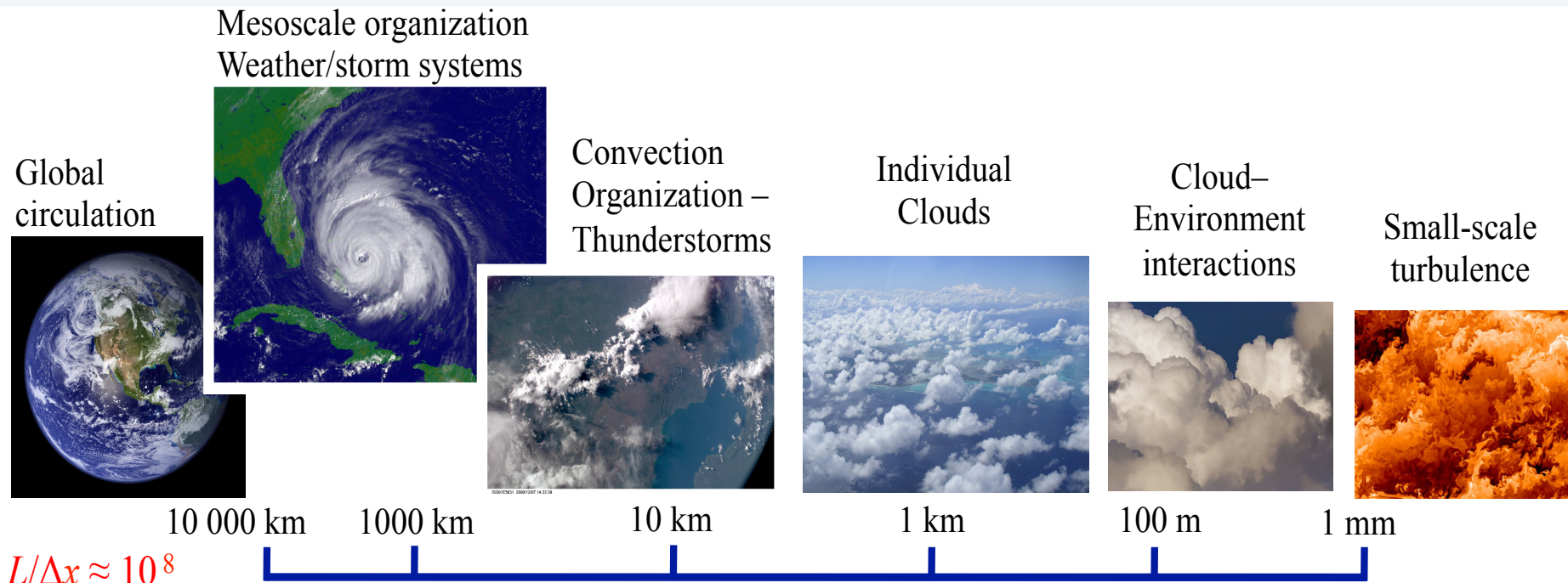
$L/\Delta x \approx 10^3$



Direct numerical sim.

$L/\Delta x \approx 10^3$

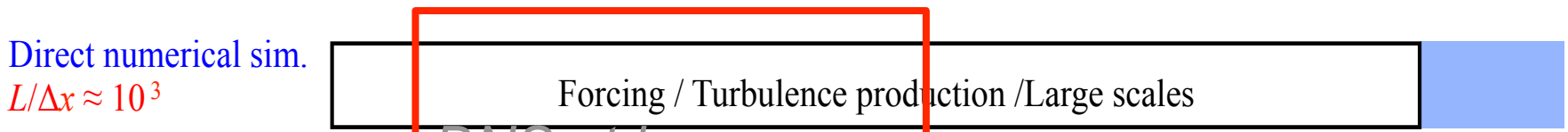
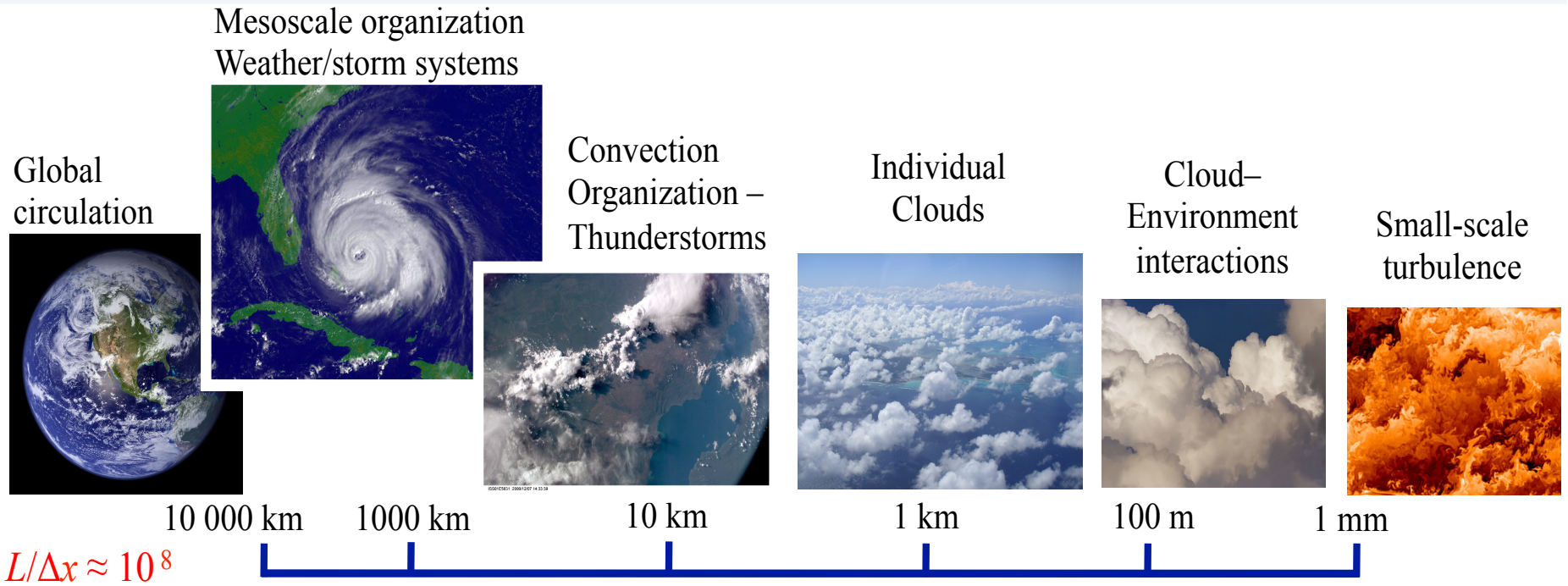




*DNS at lower Re*

*Matheou, 2011*





*DNS at larger scales & lower Re: same dynamics?*

*Matheou, 2011*

# Boussinesq equations

$$\frac{D}{Dt} \mathbf{u} + f \hat{\mathbf{z}} \times \mathbf{u} + \nabla p + N \theta \hat{\mathbf{z}} = \nu \nabla^2 \mathbf{u} + \mathcal{F}$$

$$\frac{D}{Dt} \theta - N w = \kappa \nabla^2 \theta$$

$$\nabla \cdot \mathbf{u} = 0,$$

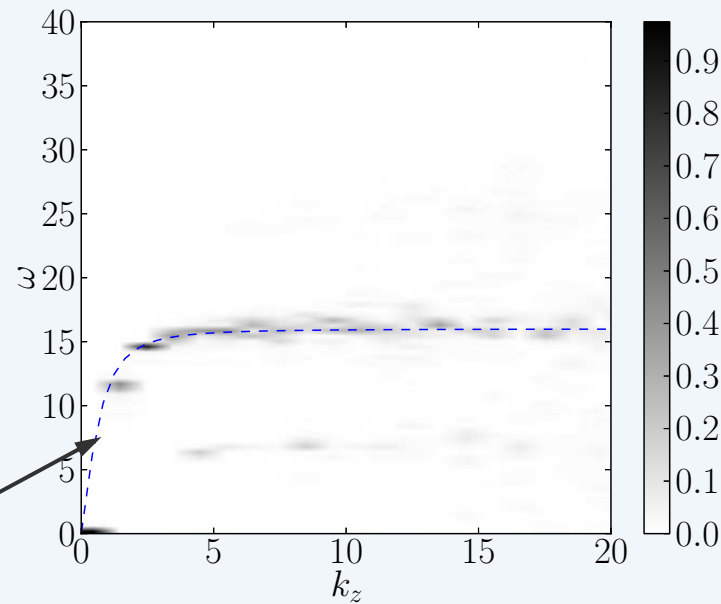
$$\frac{D}{Dt} = \frac{\partial}{\partial t} + \mathbf{u} \cdot \nabla$$

Frequency of (gravity-inertial) waves:

$$\omega^2(\mathbf{k}) = k^{-2} [N^2 k_{\text{perp}}^2 + f^2 k_{\parallel}^2]$$



# Wave dispersion broadening in rotating flows



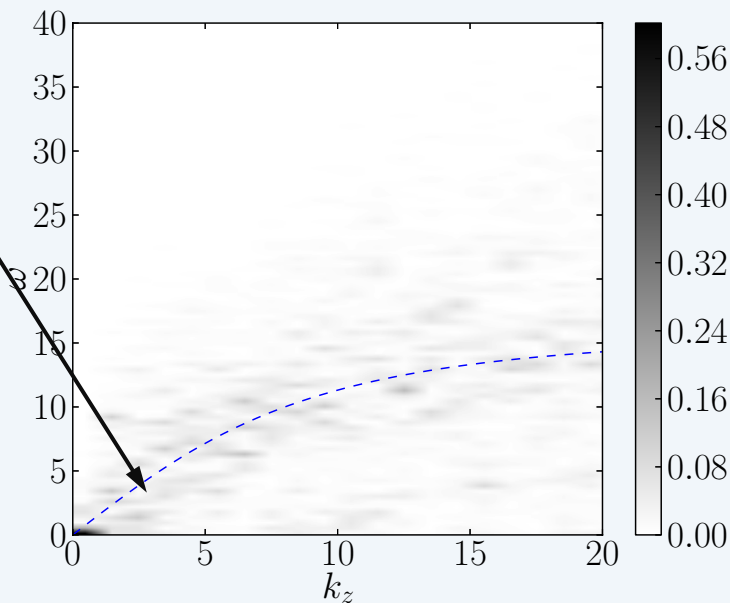
$Ro=0.015, N=0, Re \sim 5000$

$$\omega(\mathbf{k}) = f k^{-1} k_{//}$$

$$k_x = 0$$

$$k_y = 1$$

Dispersion  
relation



&

$$k_y = 10$$

# Boussinesq equations

$$\frac{D}{Dt} \mathbf{u} + f \hat{\mathbf{z}} \times \mathbf{u} + \nabla p + N\theta \hat{\mathbf{z}} = \nu \nabla^2 \mathbf{u} + \mathcal{F}$$

$$\frac{D}{Dt} \theta - Nw = \kappa \nabla^2 \theta$$

**Four** dimensionless parameters:

$$\text{Re} = UL/\nu \gg 1, \quad \text{Pr} = \nu/\kappa = 1,$$

$$\text{Ro} = U/[Lf] \ll 1, \quad \text{Fr} = U/[LN] \ll 1$$

$$\text{R}_B = \text{Re} \text{Fr}^2$$

$$\nabla \cdot \mathbf{u} = 0,$$

$$\frac{D}{Dt} = \frac{\partial}{\partial t} + \mathbf{u} \cdot \nabla$$

Frequency of (gravity-inertial) waves:

$$\omega_k = [1/k] \sqrt{N^2 k_{\text{perp}}^2 + f^2 k_{\parallel}^2}$$



# Do waves alter the overall dynamics?

*Stable Boussinesq stratification*

$$\begin{aligned}\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} - \nu \Delta \mathbf{u} &= -\nabla P - N b e_z + \mathbf{F} \\ \partial_t b + \mathbf{u} \cdot \nabla b - \kappa \Delta b &= N w , \\ \nabla \cdot \mathbf{u} &= 0 .\end{aligned}$$

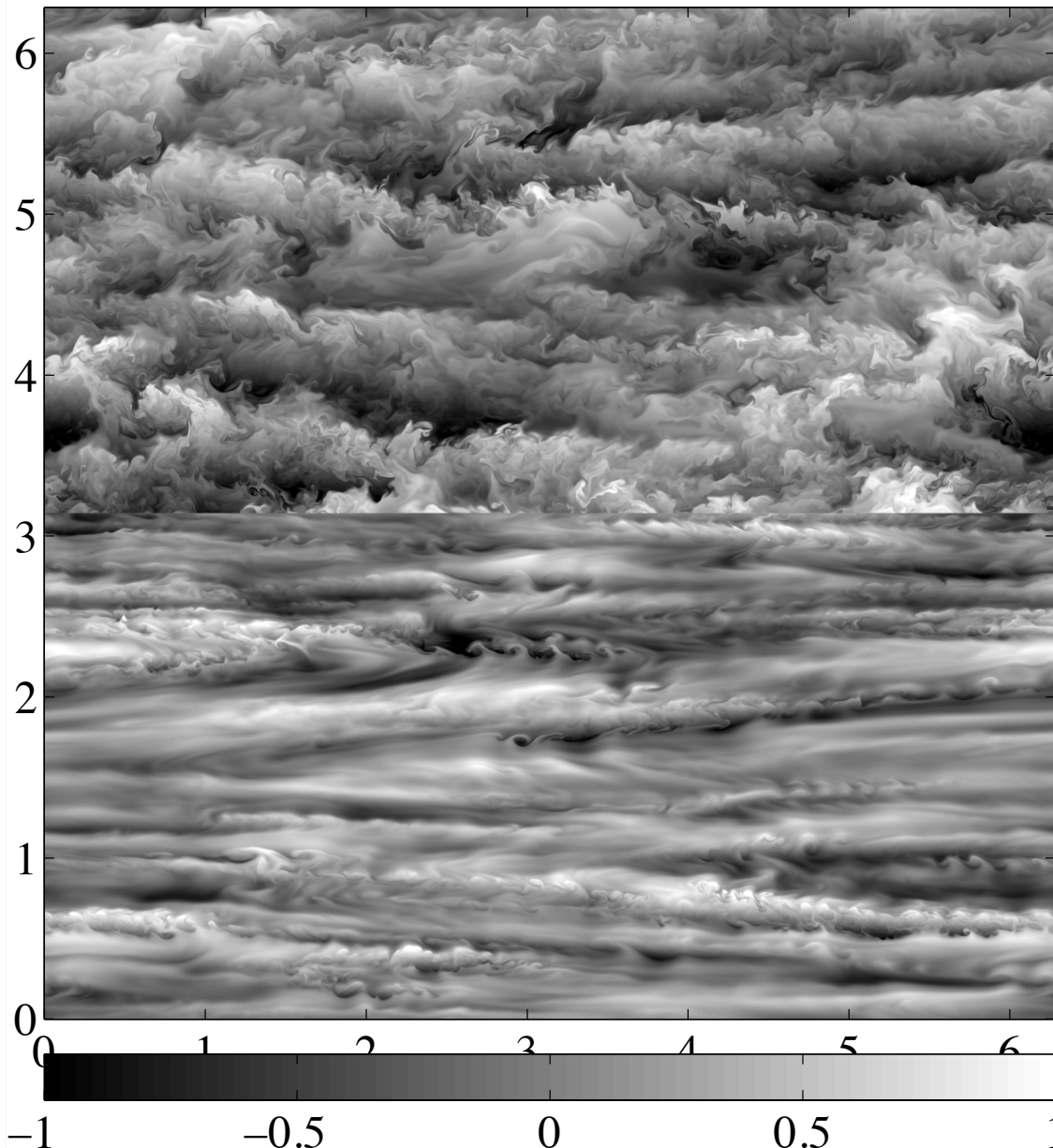
\*  $F_z=1 \rightarrow L_z = u_{\text{perp}}/N$  : buoyancy scale  $L_B$  (*Billant Chomaz 2001*)

\* Together with using  $\text{div } u=0 \rightarrow L_z/L_{\text{perp}} = u_z/u_{\text{perp}} = Fr \ll 1$

\* Measure of vertical nonlinearity:  $R_z = u_z L_z / \nu = Fr^2 u_{\text{perp}} L_{\text{perp}} / \nu$

$\rightarrow R_z = Fr^2 Re = \varepsilon / [\nu N^2] = R_B$  : Buoyancy Reynolds number

**Stratification, no rotation:** Temperature fluctuations, xz slice,  
 $Re \sim 24000$ ,  $2048^3$  grids,  $K_F \sim 2-3$



$R_B = ReFr^2$  : buoyancy

$Fr \sim 0.11$  ( $N=4$ )

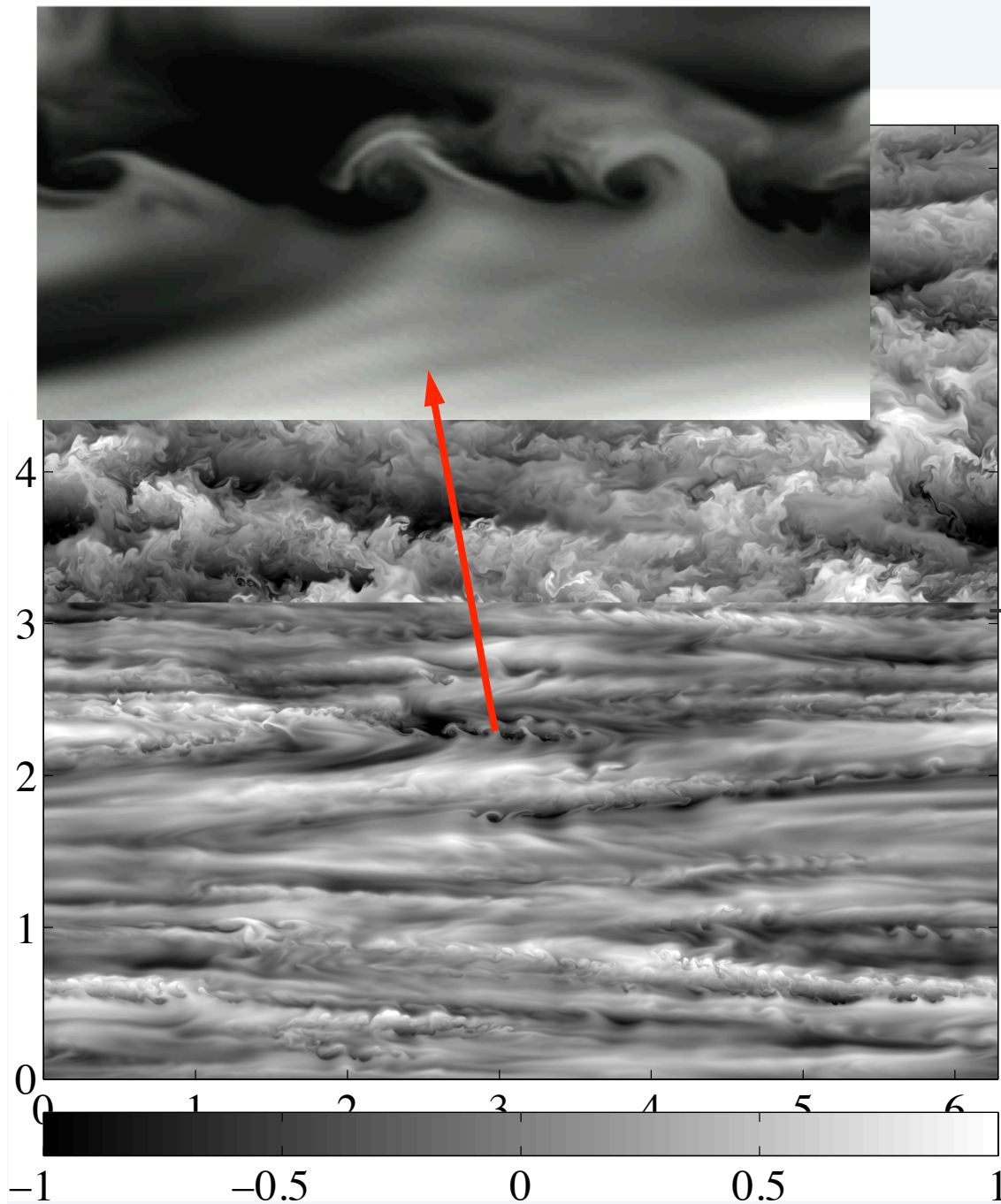
$R_B \sim 300$

$Fr \sim 0.03$  ( $N=12$ )

$R_B \sim 22$

*Rorai et al., 2014*



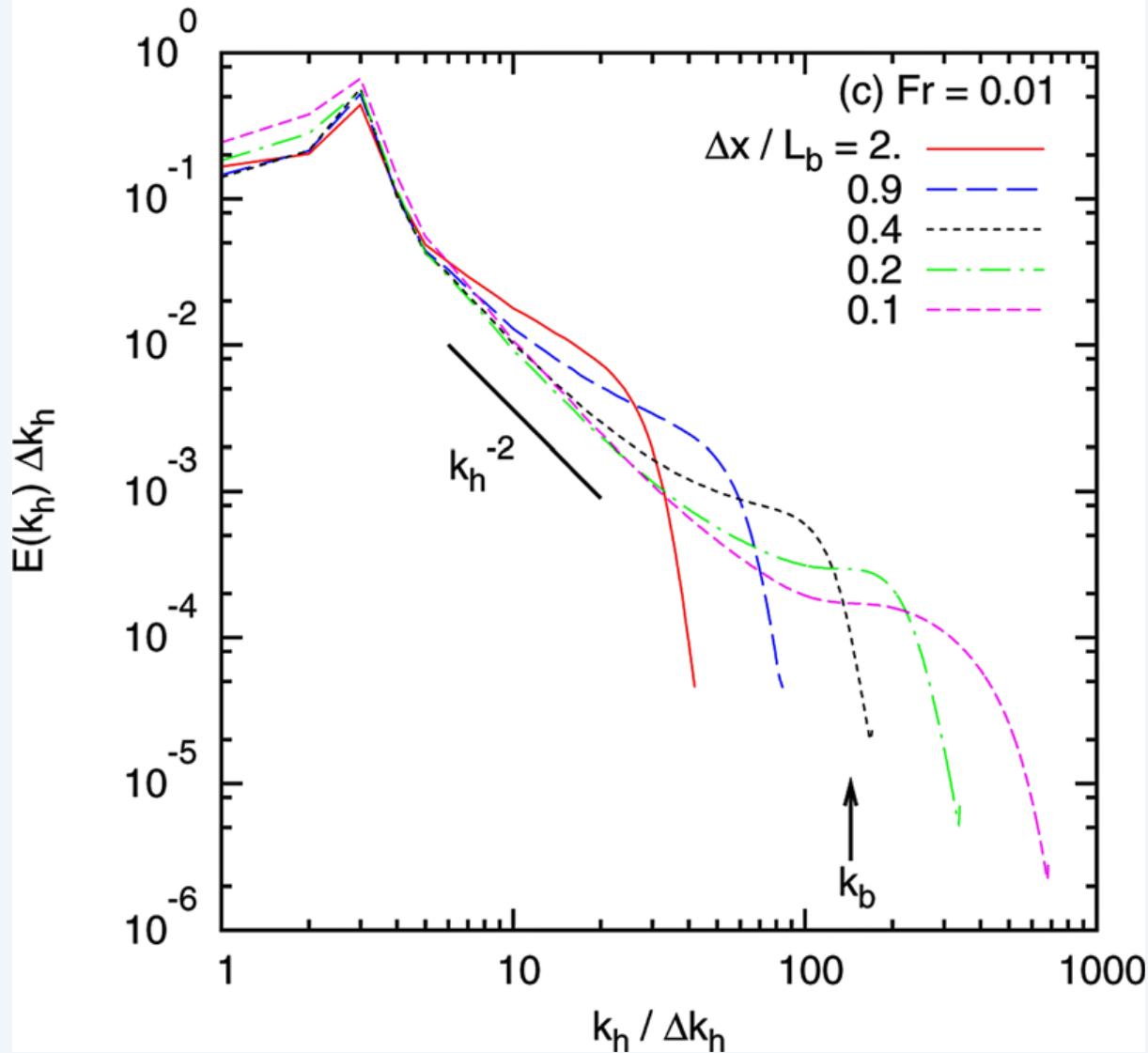


Pure stratification

$Fr \sim 0.11, R_B \sim 300$

$Fr \sim 0.03, R_B \sim 22$

# Need for resolving characteristic scales: Stratified turbulence with increasing horizontal resolution



Buoyancy (vertical) scale:

$$L_B \sim N^{-1}: Fr = U / [L_B N] = 1$$

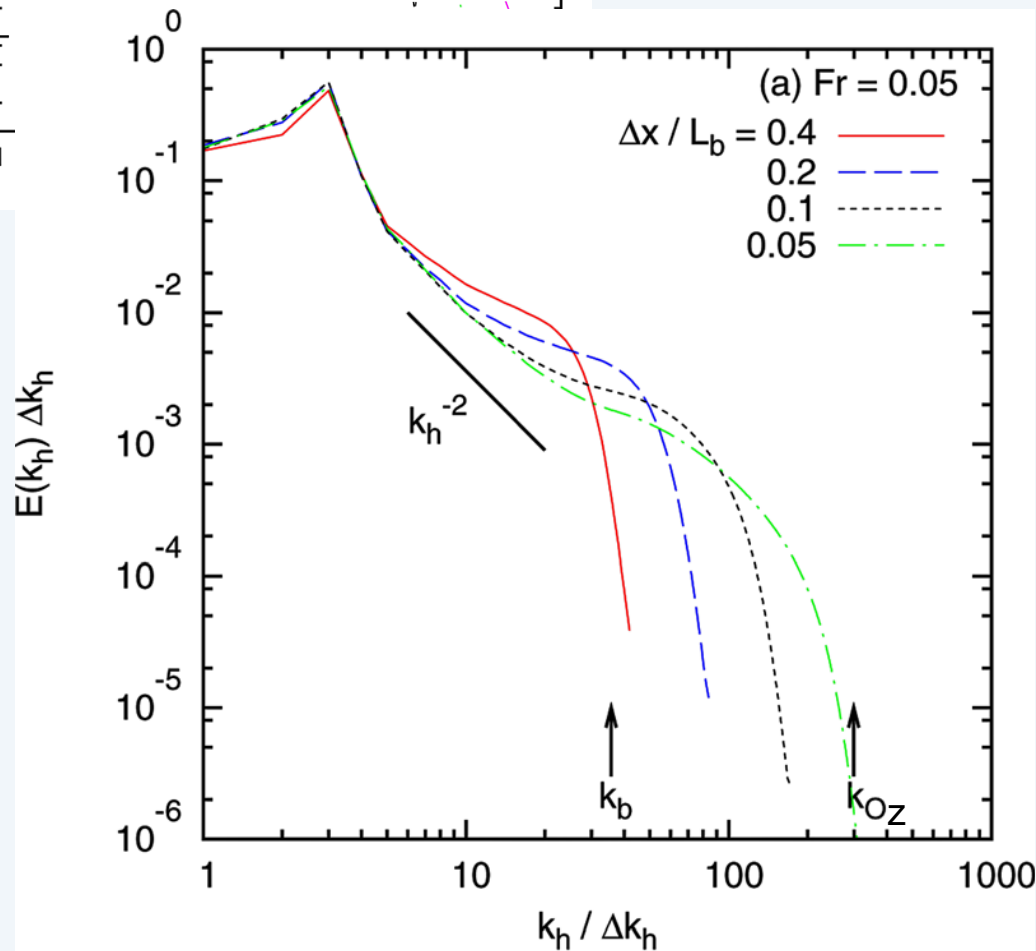
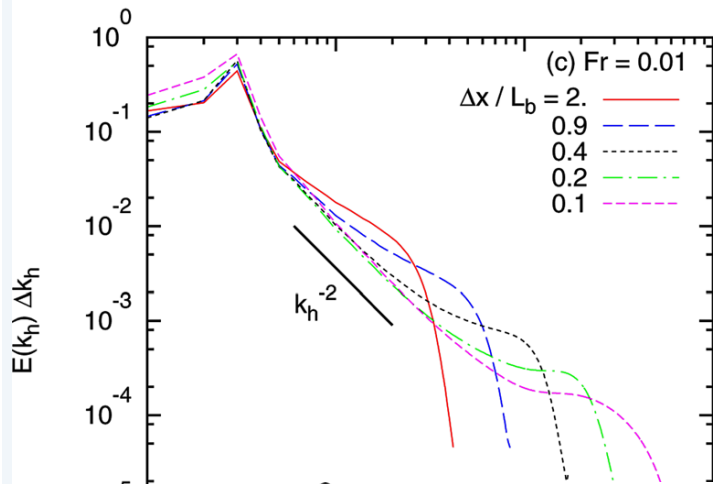
Ozmidov scale:

$$L_{oz} \sim N^{-3/2}: T_{NL} = T_w$$

(unresolved here)



Need for resolving characteristic scales: Stratified turbulence with increasing horizontal resolution



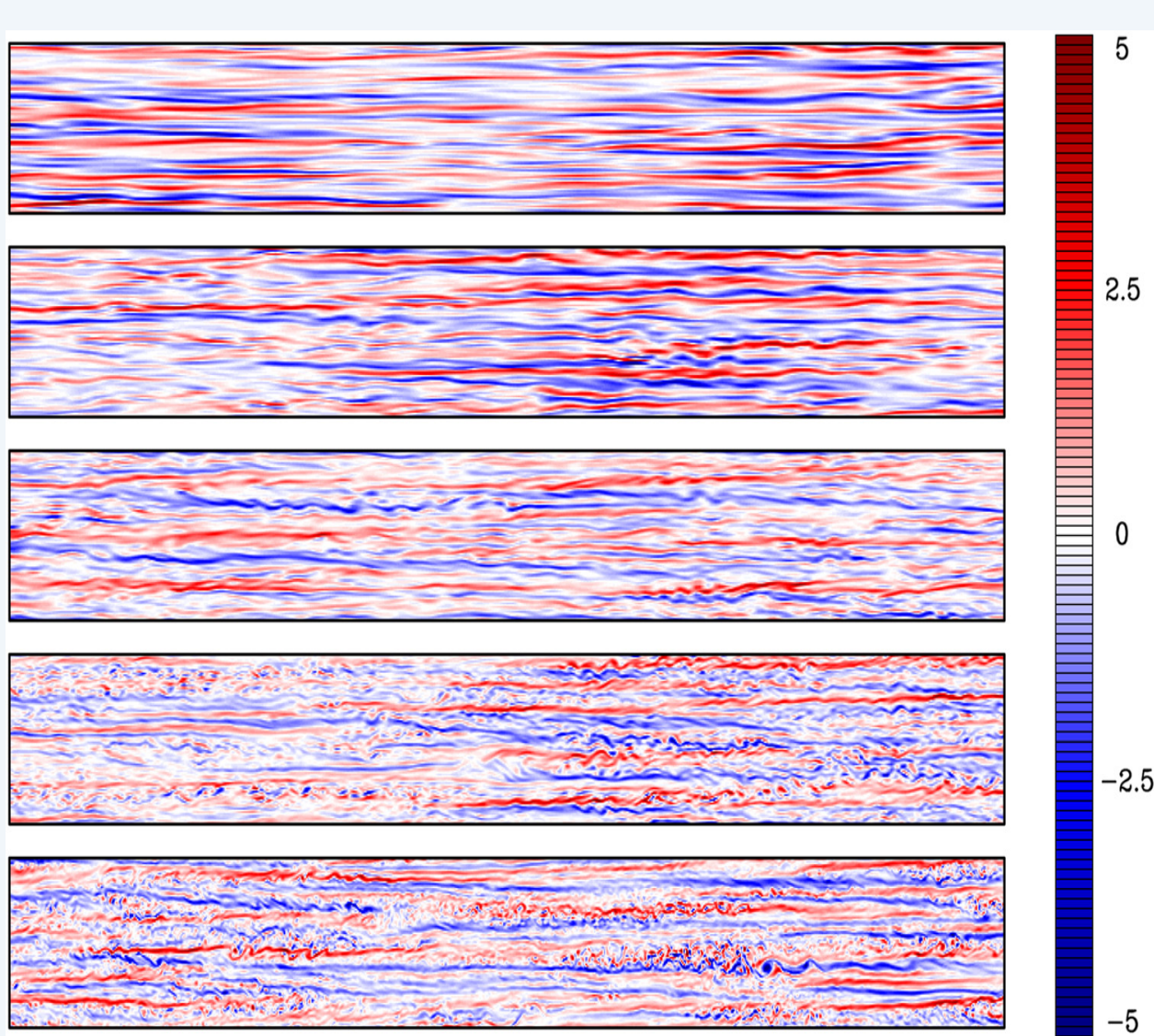
Buoyancy (vertical) scale:

$$L_B \sim N^{-1}: \text{Fr} = U / [L_B N] = 1$$

Ozmidov scale:

$$L_{OZ} \sim N^{-3/2}: T_{NL} = T_w$$

← *Now resolved here*



Horizontal vorticity

$$\Delta x/L_b = 0.9$$

FIG. 2. (Color online) Vertical slices through the  $y=0$  plane of  $\omega_y/N$  for  $Fr=0.02$  and (from top to bottom)  $\Delta x/L_b = 0.9, 0.4, 0.2, 0.1,$  and  $0.05$  (runs B1-B5 in Table I). For clarity, only half the domain  $0 \leq x \leq L/2$  is shown. All fields are plotted at the end of the simulation.

$$\Delta x/L_b = 0.05$$

Stratified turbulence: resolving the buoyancy scale  $L_b$

# Geostrophic Balance

$$\frac{D}{Dt} \mathbf{u} + f \hat{\mathbf{z}} \times \mathbf{u} + \nabla p + N \theta \hat{\mathbf{z}} = \nu \nabla^2 \mathbf{u} + \mathcal{F}$$

$$\frac{D}{Dt} \theta - N w = \kappa \nabla^2 \theta$$

$$\nabla \cdot \mathbf{u} = 0,$$

→ Hydrostatic balance in the vertical

$$\frac{D}{Dt} = \frac{\partial}{\partial t} + \mathbf{u} \cdot \nabla,$$



# Boussinesq $\rightarrow$ Geostrophic Balance

$$\cancel{\frac{D}{Dt} \mathbf{u}} + \boxed{f \hat{\mathbf{z}} \times \mathbf{u} + \nabla p + N\theta \hat{\mathbf{z}}} = \cancel{\nu \nabla^2 \mathbf{u}} + \cancel{\mathcal{F}}$$
$$\cancel{\frac{D}{Dt} \theta - Nw} = \cancel{\kappa \nabla^2 \theta}$$

Take the curl  $\rightarrow$  “thermal winds”

$$\nabla \cdot \mathbf{u} = 0,$$

$$N \partial_y \theta = -f \partial_z u_x$$

$$\frac{D}{Dt} = \frac{\partial}{\partial t} + \mathbf{u} \cdot \nabla,$$

$$N \partial_x \theta = f \partial_z u_y$$

# Boussinesq $\rightarrow$ Geostrophic Balance

$$\cancel{\frac{D}{Dt} \mathbf{u}} + \boxed{f \hat{\mathbf{z}} \times \mathbf{u} + \nabla p + N\theta \hat{\mathbf{z}}} = \cancel{\nu \nabla^2 \mathbf{u}} + \cancel{\mathcal{F}}$$

$$\cancel{\frac{D}{Dt} \theta - Nw} = \cancel{\kappa \nabla^2 \theta}$$

Take the curl  $\rightarrow$  “thermal winds”

$$N \partial_y \theta = -f \partial_z u_x$$

$$N \partial_x \theta = f \partial_z u_y$$

$$\nabla \cdot \mathbf{u} = 0,$$

$$\frac{D}{Dt} = \frac{\partial}{\partial t} + \mathbf{u} \cdot \nabla,$$

One more step (Hide '72): dot product with  $f \mathbf{z} \times \mathbf{u}$  & horizontal average

$\rightarrow$  Creation of helicity through rotation and stratification

$$\langle \mathbf{u}_\perp \cdot \nabla \times \mathbf{u}_\perp \rangle_\perp = \frac{N}{f} \langle \theta \frac{\partial w}{\partial z} \rangle_\perp$$

## Recovered classical **single-scale** models:

$$\mathbf{U}^{(i)} = \mathbf{U}^{(i)}\left(\frac{t}{\epsilon}, \mathbf{x}, \frac{z}{\epsilon}\right)$$

Linear small scale internal gravity waves

$$\mathbf{U}^{(i)} = \mathbf{U}^{(i)}(t, \mathbf{x}, z)$$

Anelastic & pseudo-incompressible models

$$\mathbf{U}^{(i)} = \mathbf{U}^{(i)}(\epsilon t, \epsilon^2 \mathbf{x}, z)$$

Linear large scale internal gravity waves

$$\mathbf{U}^{(i)} = \mathbf{U}^{(i)}(\epsilon^2 t, \epsilon^2 \mathbf{x}, z)$$

Mid-latitude **Q**uasi-**G**eostrophic Flow

$$\mathbf{U}^{(i)} = \mathbf{U}^{(i)}(\epsilon^2 t, \epsilon^2 \mathbf{x}, z)$$

Equatorial **W**eak **T**emperature **G**radients

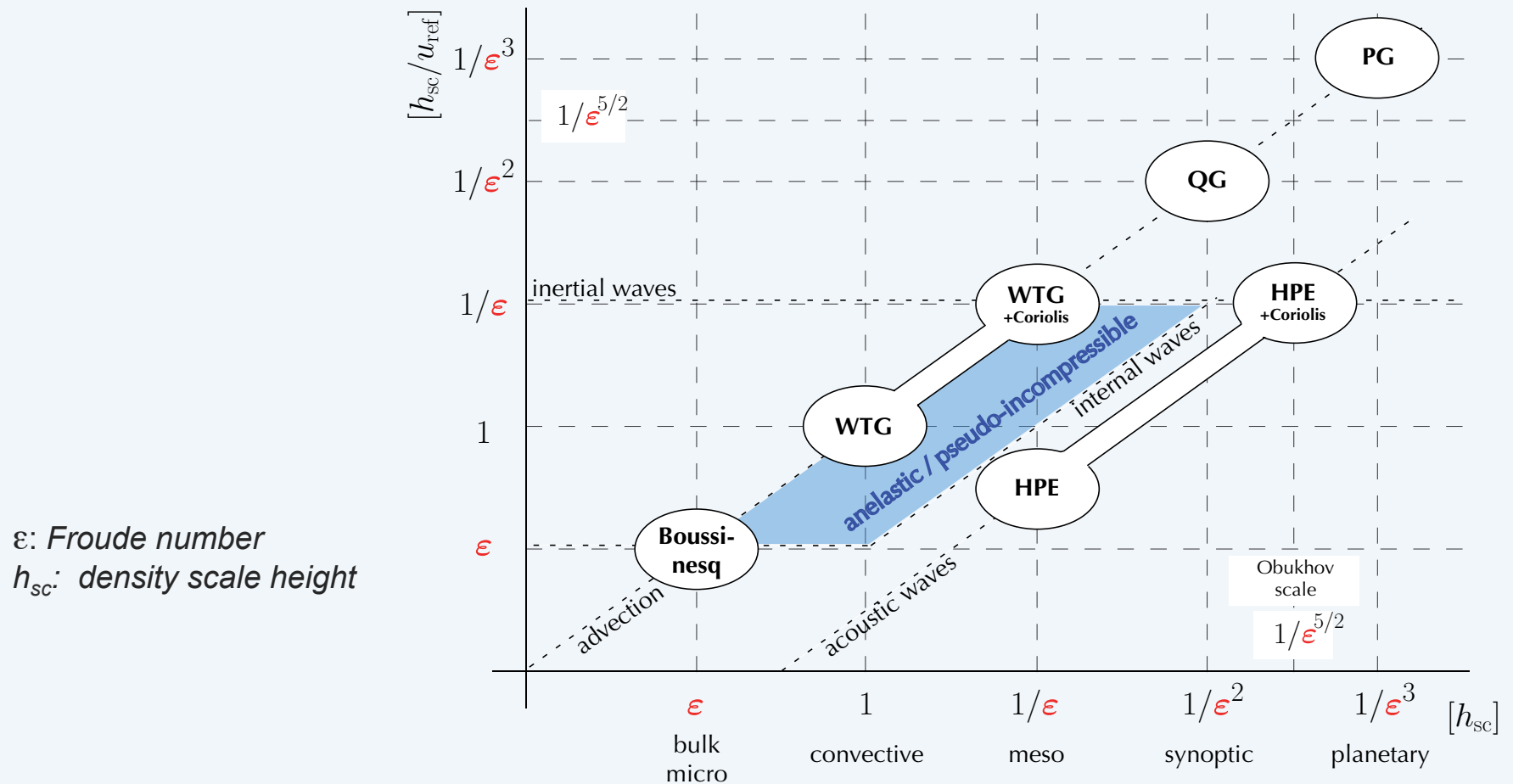
$$\mathbf{U}^{(i)} = \mathbf{U}^{(i)}(\epsilon^2 t, \epsilon^{-1} \xi(\epsilon^2 \mathbf{x}), z)$$

Semi-geostrophic flow

$$\mathbf{U}^{(i)} = \mathbf{U}^{(i)}(\underline{\epsilon^{3/2} t}, \underline{\epsilon^{5/2} x}, \underline{\epsilon^{5/2} y}, z)$$

Kelvin, Yanai, Rossby, and gravity Waves

# Atmospheric Flow Regimes



R.K., Ann. Rev. Fluid

Scaling regimes and model equations for atmospheric flows. The weak-temperature-gradient (WTG) and hydrostatic primitive equation (HPE) models cover a wide range of spatial scales assuming the associated advective and acoustic timescales, respectively. The anelastic and pseudoincompressible models for realistic flow regimes cover multiple spatiotemporal scales (Section 4.3). For similar graphs for near-equatorial flows, see Majda 2007b, Majda & Klein 2003. PG, planetary geostrophic; QG, quasi-geostrophic.

Klein, 2010



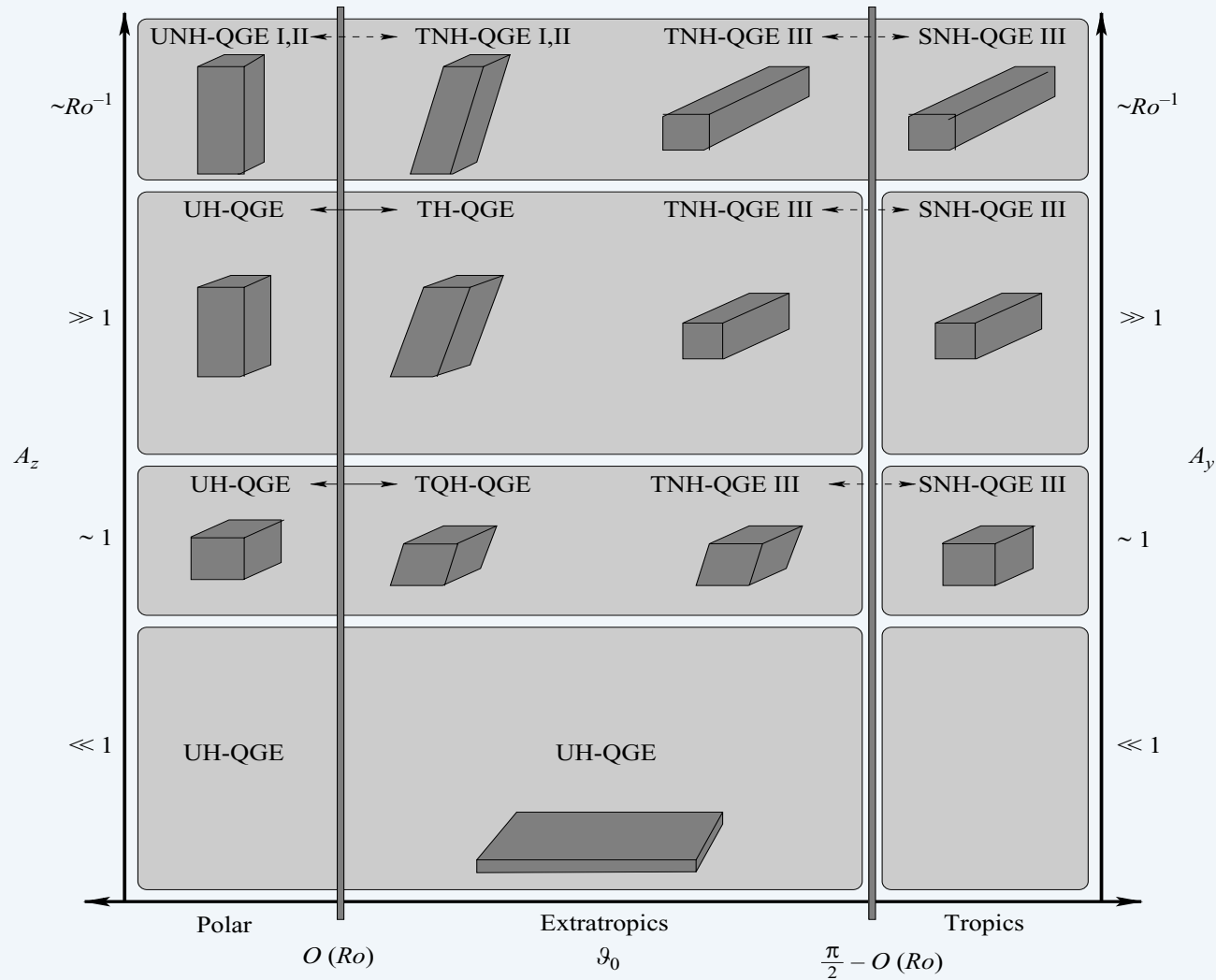
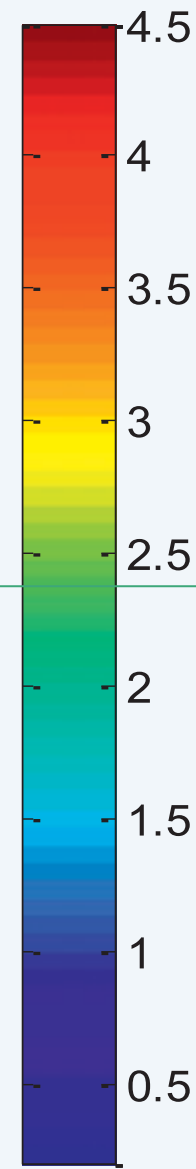
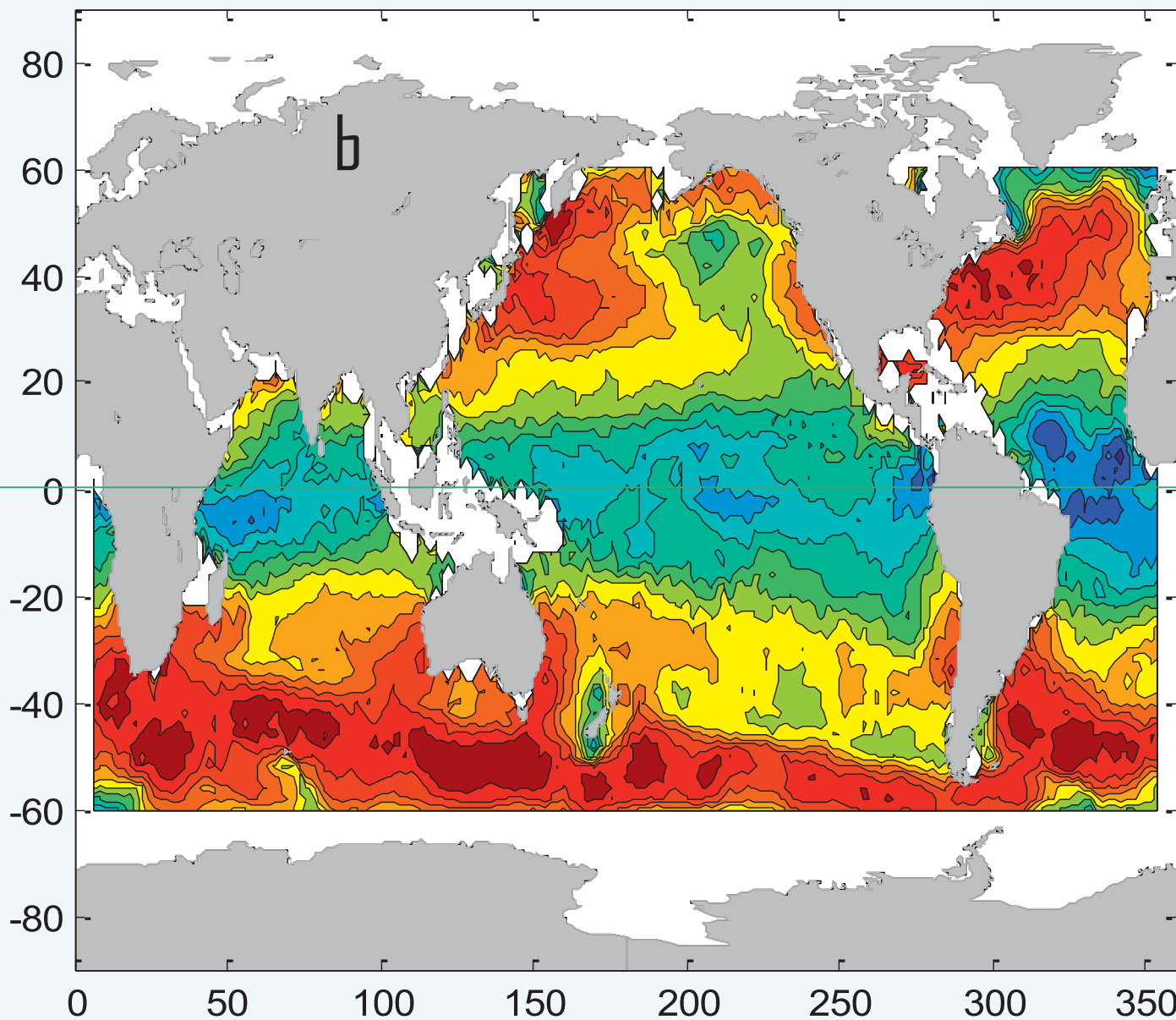


FIGURE 4. Classification of the reduced U–Upright, T–Tilted, S–Sideways QG models (see table 4) as a function of the colatitude  $\vartheta_0$ , and the spatial aspect ratios  $A_z$  or  $A_y$ . H–hydrostatic, QH–quasi-hydrostatic, NH–non-hydrostatic. With the exception of TNH-QGE III  $A_z$  distinguishes between all models in the polar and extratropical regions where  $A_y = O(1)$ , while  $A_y$  distinguishes between the tropical QGE and TNH-QGE III for which  $A_z = O(1)$ . The symbol  $\longleftrightarrow$  indicates a continuous transition between different models while  $\dashleftarrow$  indicates extension of a model to the polar or equatorial regions.

# Jason de-noised altimeters: $S_{ea} S_{surface} H_{eight}$

5

$k^{-3}$



-2

$k^{-5/3}$

$k^0$

$E_v(k)$

Xu & Fu JPO 2012

Resolution of 7km, range of 50-500km, 1 s average, for 6 months.

$\Delta$  of 1 minute

# What's different in rotating &/or stratified turbulence (R/ST)?

- *Direct and inverse cascades in homogeneous isotropic turbulence*
- Bi-directional constant-flux energy cascades & oceanic mixing
- Bolgiano-Obukhov scaling and the role of potential energy
- Development of large vertical velocity in stratified flows
- Role of helicity (velocity-vorticity correlations)

# Homogeneous, isotropic turbulence: Navier-Stokes eqs.

$$\partial_t \mathbf{u} + \mathbf{u} \cdot \nabla \mathbf{u} - \nu \Delta \mathbf{u} = -\nabla P + \mathbf{F}$$

$$\nabla \cdot \mathbf{u} = 0 .$$

**One** dimensionless parameter:  $Re = UL/\nu \gg 1$

$u$ : velocity ,  $P$ : pressure

$\nu$ : viscosity ,  $F$ : Force

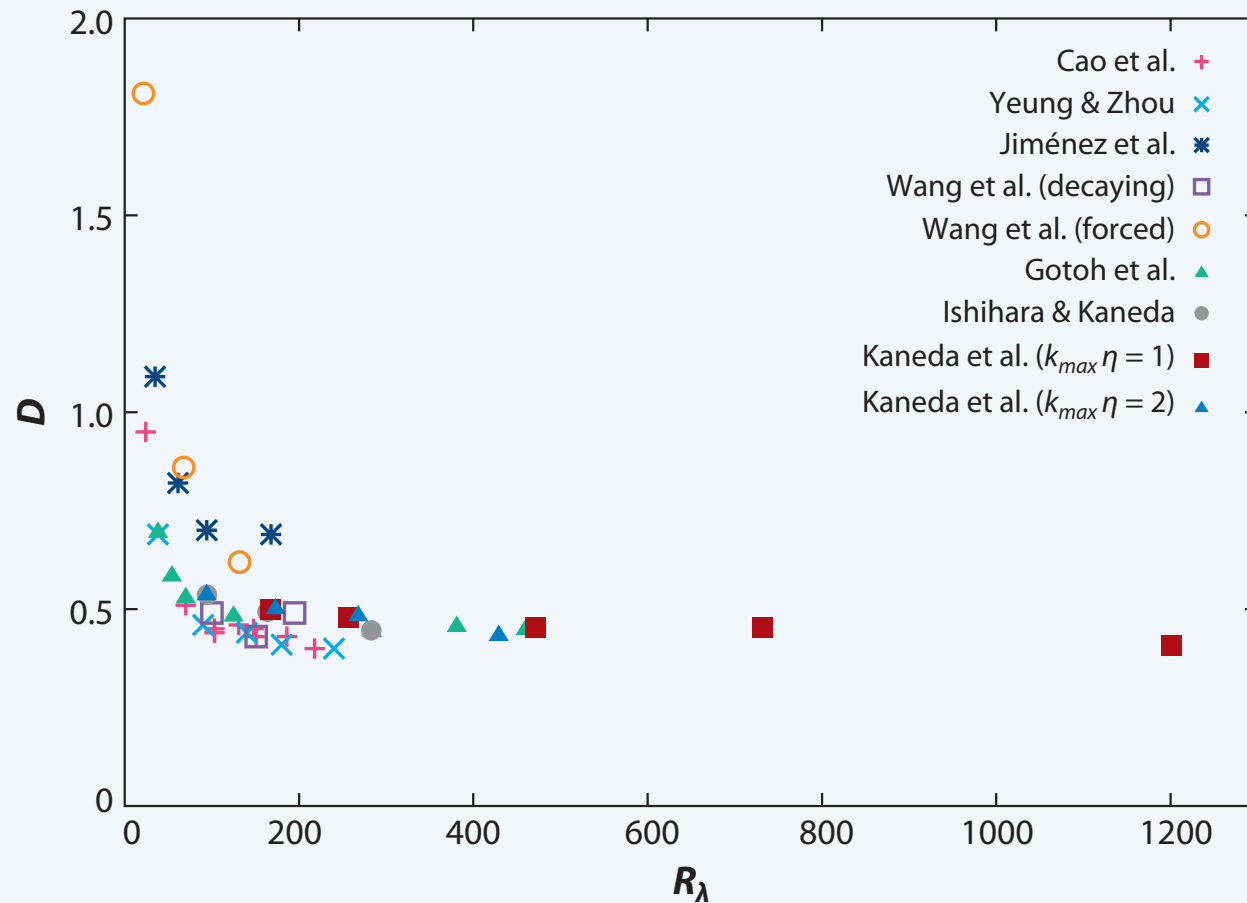
Invariants ( $\nu=0, F=0$ ):

3D: Energy  $\langle u^2/2 \rangle$  & helicity  $\langle \mathbf{u} \cdot \nabla \times \mathbf{u} \rangle$

2D: Energy  $\langle u^2/2 \rangle$  & enstrophy  $\langle |\nabla \times \mathbf{u}|^2 \rangle$



- Direct numerical simulations: process study for a range of parameters: *Dissipation for homogeneous isotropic turbulence*



*Kaneda et al., 2003; Ishihara & Kaneda, Ann. Rev. 2009*

Vorticity  $\omega = \nabla \times u$

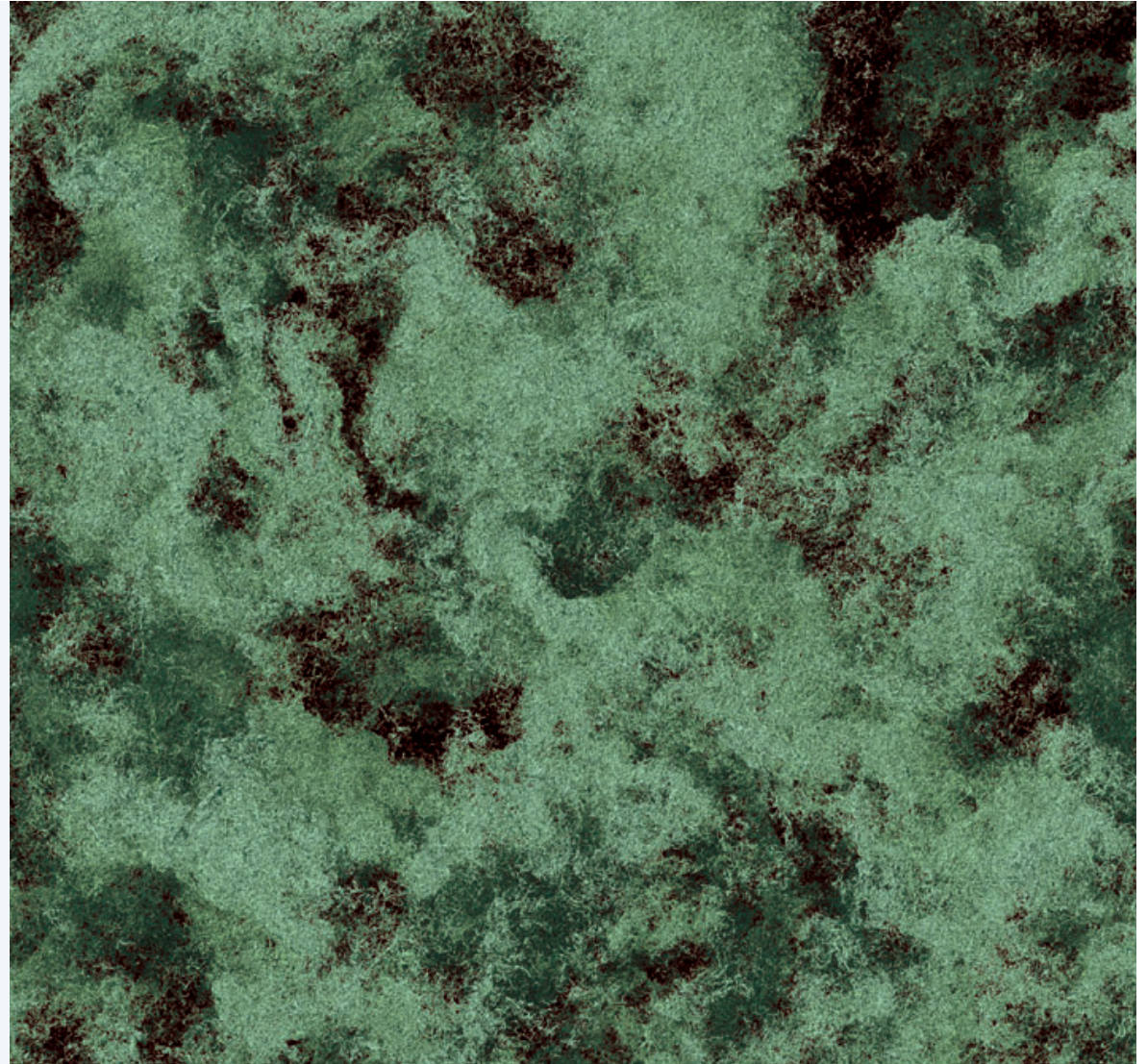
Direct numerical  
simulation of  
homogeneous  
isotropic turbulence

*Incompressible, 3D Navier-Stokes*

*Periodic boundary conditions*

64+ billion grid points  
( $4096^3$ )

*Ishihara Kaneda '03, Earth sim.*

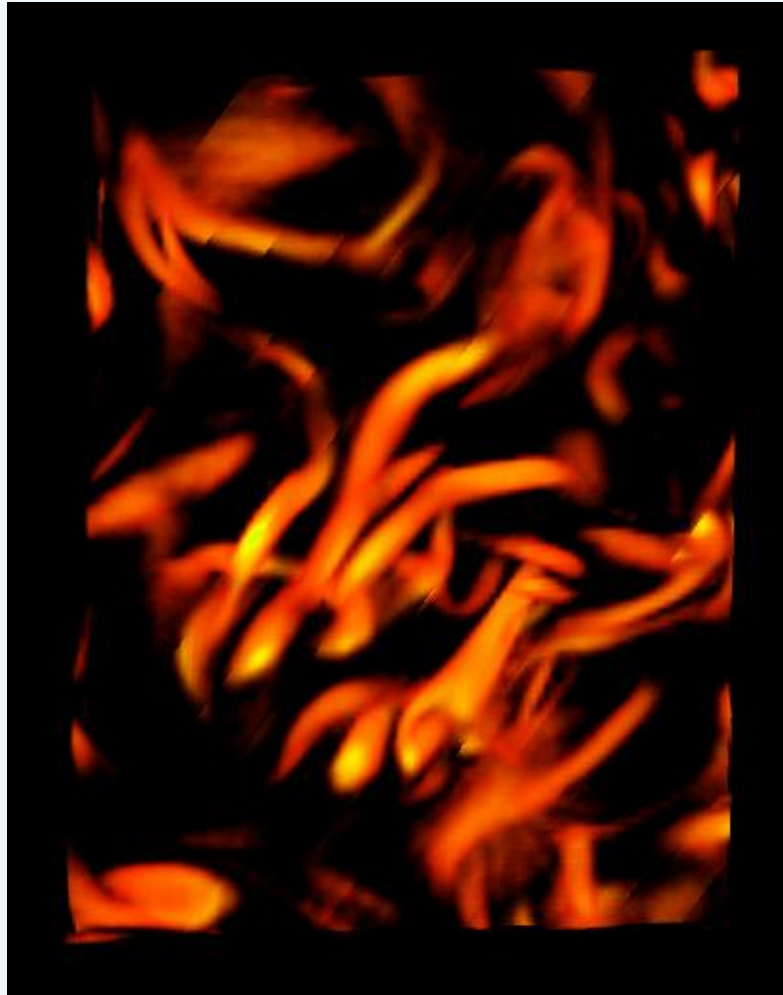


$L$  —————  
 $10 \lambda$  ————  
 $100 \eta$  -

**NEW!** *De Bruyn-Kops, 2015:  $4096 \times 8092^2$  with stratification*

**NEW!** *Kaneda, 2015:  $12288^3$  homogeneous isotropic turbulence*

Vorticity  $\omega = \nabla \times u$



# Direct versus inverse cascades



# Spectra & fluxes in the isotropic case:

Energy

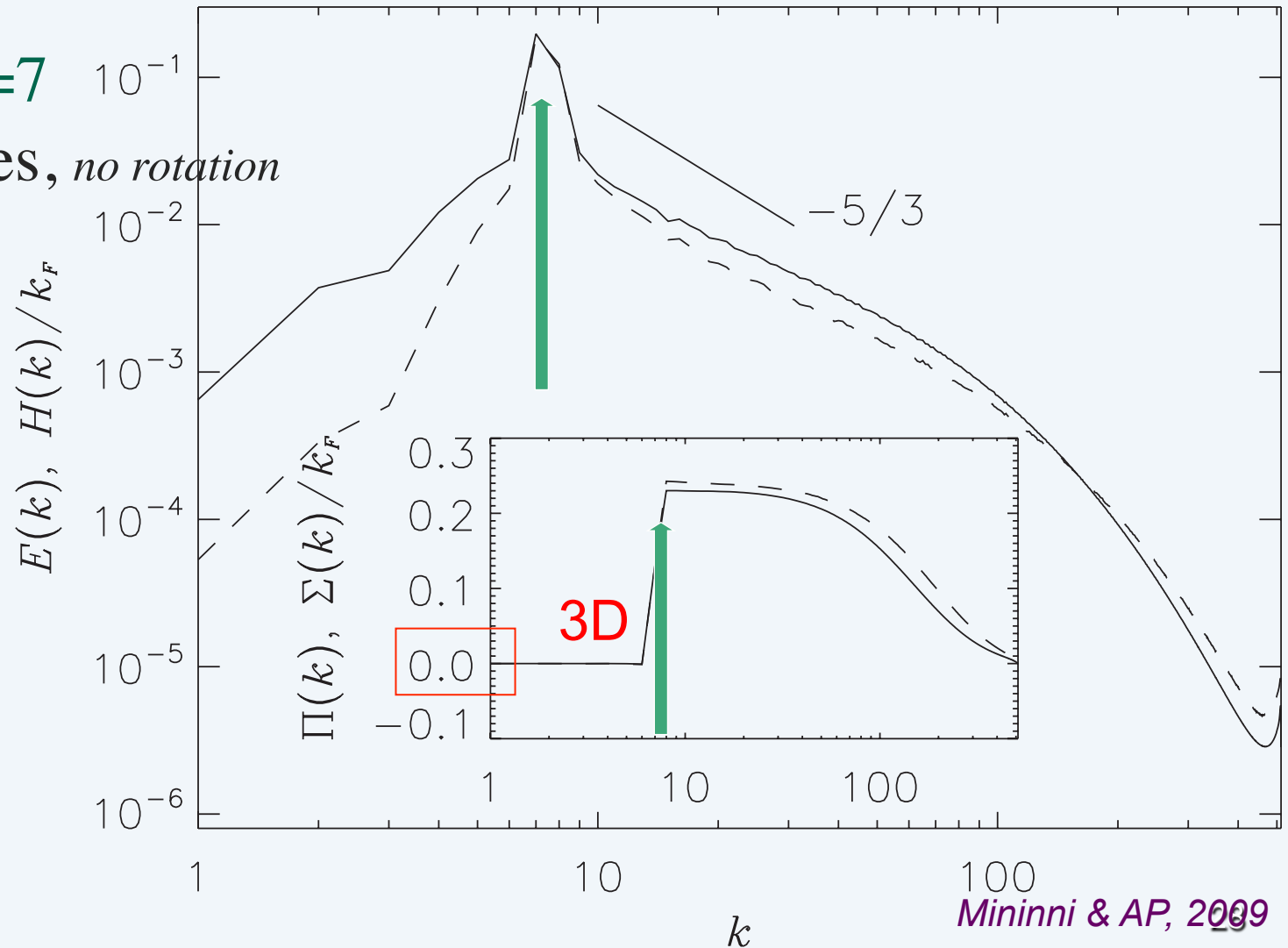
Helicity  $H = \mathbf{u} \cdot \boldsymbol{\omega}$

Forced @  $k=7$

Navier Stokes, *no rotation*

Re=1200

1536<sup>3</sup> grid

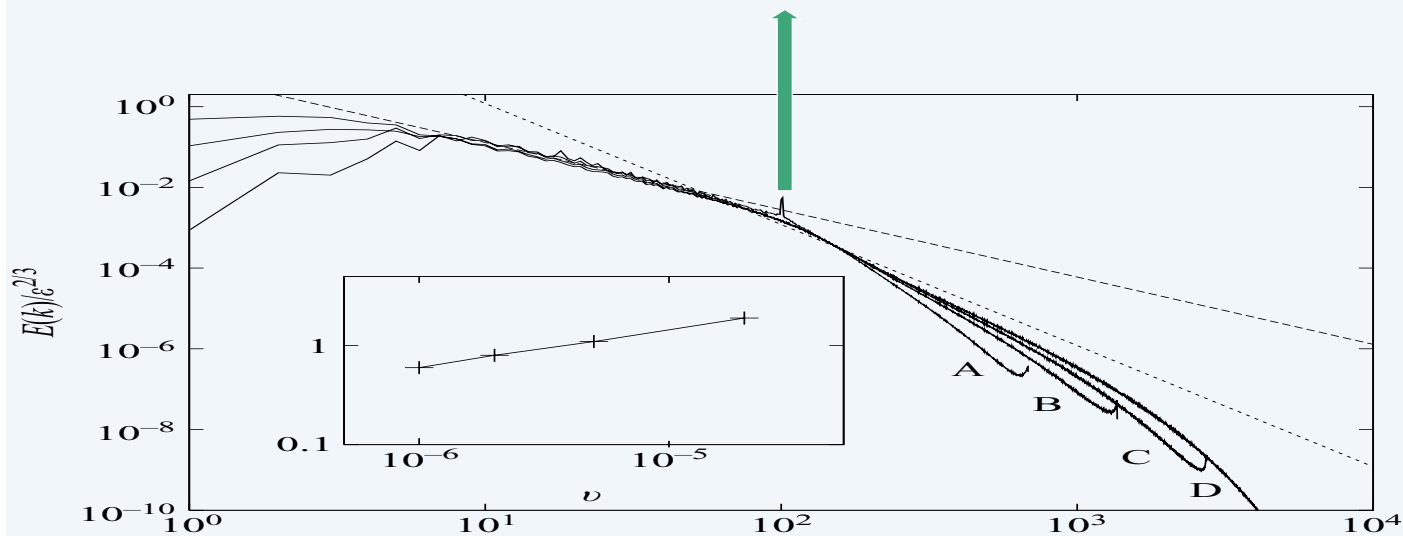


2D

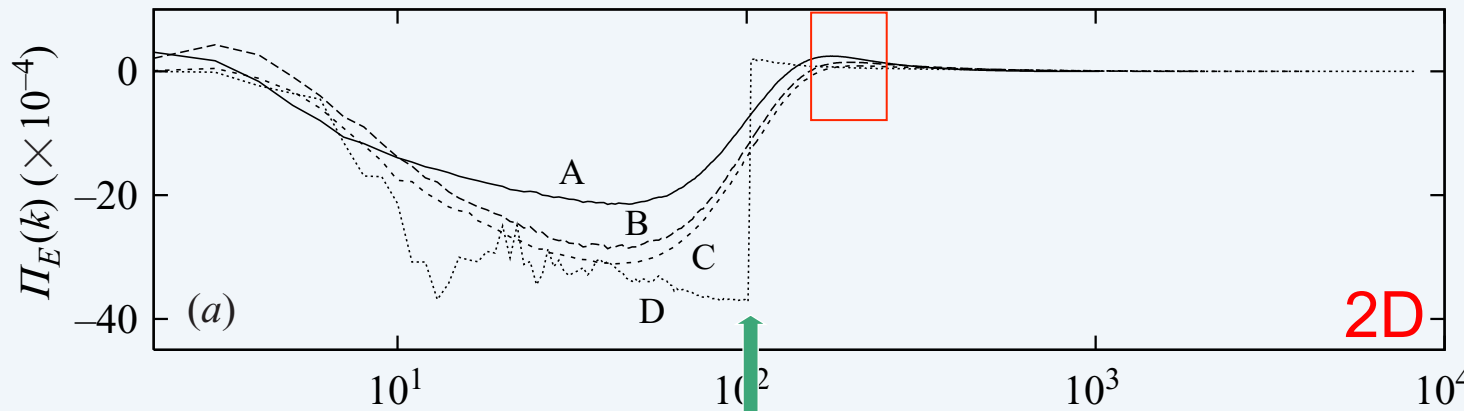
Forced @  $k=100$   
\* Friction

Grid up to  $16384^2$

$E(k) = C \varepsilon^{2/3} k^{-5/3}$ ,  $C \sim 6$   
 $E(k) \sim k^{-(3+x)}$



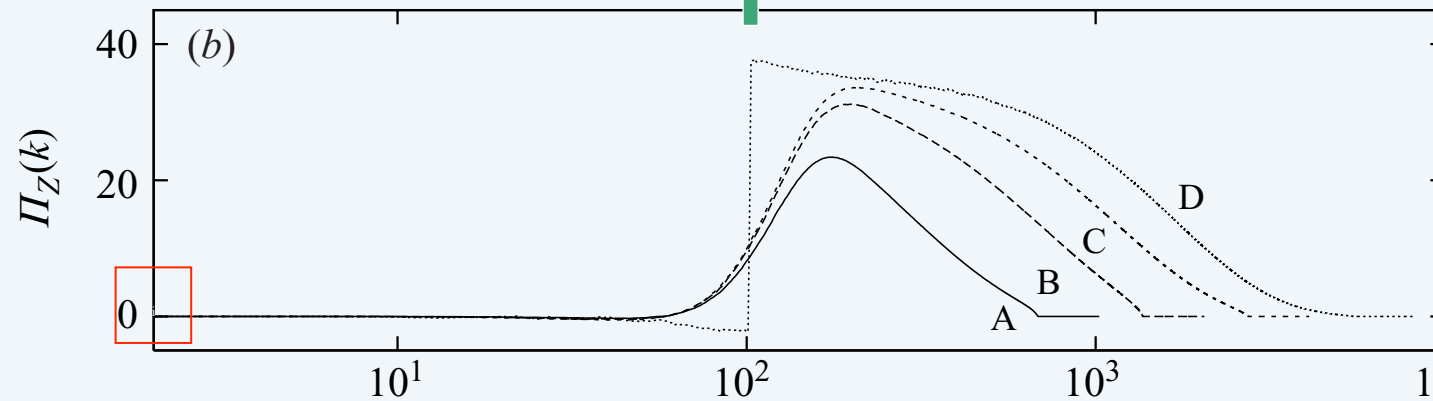
Boffetta 2007



0  
Flux of  
Energy

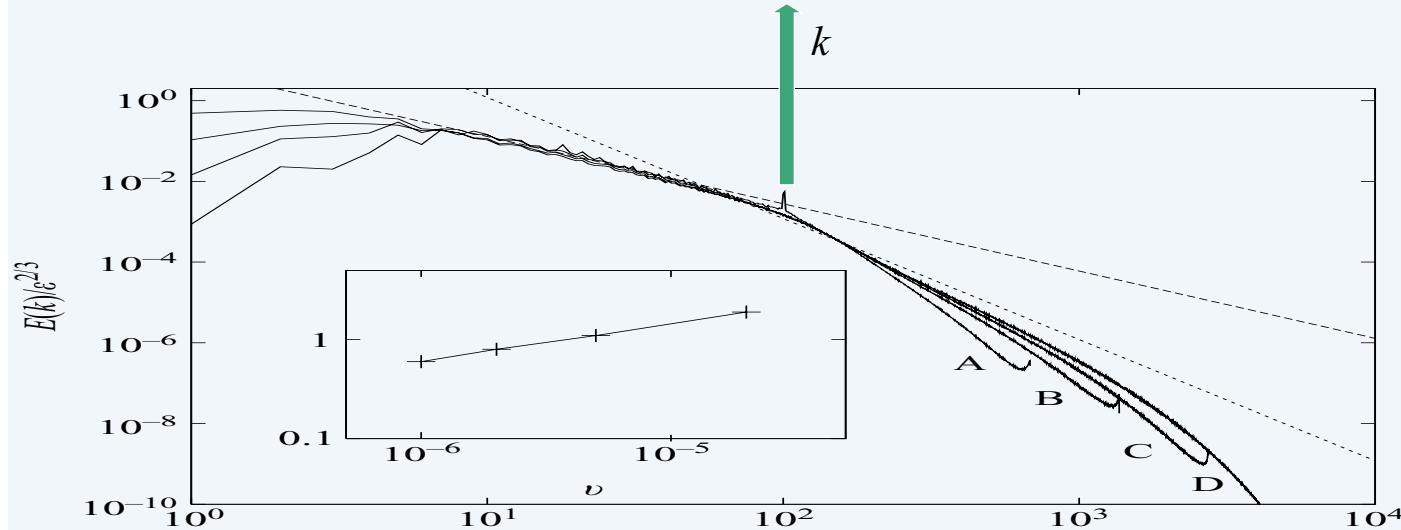
2D

and of



Enstrophy

Forced @  $k=100$   
Friction



Grid up to  $16384^2$

$E(k) = C \varepsilon^{2/3} k^{-5/3}$ ,  $C \sim 6$   
 $E(k) \sim k^{-(3+x)}$

Boffetta 2007

Paradigm with 2 invariants like energy & enstrophy:

2D: Dual but mutually exclusive system with an inverse cascade of energy & a direct enstrophy cascade

3D: Direct cascade of energy, and direct helicity cascade

**BUT ... role of:**

- 1) Aspect ratio / Anisotropy
- 2) Imposed magnetic field
- 3) Imposed rotation / stratification
- 4) Helicity decimation
- 5) And more

# 3D, T-HI, 2D2C force, $A=L_z/L_x=1/64$ with $S = L_f/L_z$

Turbulent viscosity, Navier-Stokes, no rotation,  $128^3$  grid

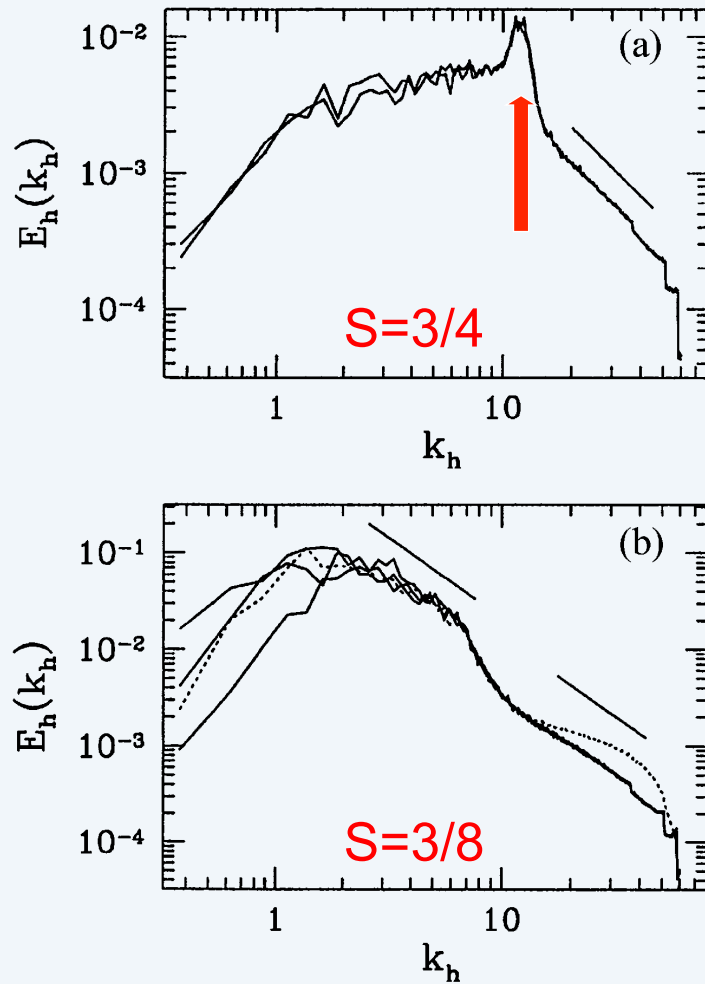


FIG. 2. (upper)  $A = 1/64$ ,  $Ro = \infty$ ,  $S = 0.75$  (statistically steady); (lower)  $A = 1/64$ ,  $Ro = \infty$ ,  $S = 0.375$ : eddy viscosity (solid line) with time increasing upwards; hyperviscosity (dotted line). The lines are  $E_h \propto k_h^{-5/3}$ .

Smith et al. PRL 1996



# 3D, T-HI, 2D2C force, $A=L_z/L_x=1/64$ with $S = L_f/L_z$

Turbulent viscosity, Navier-Stokes, no rotation,  $128^3$  grid

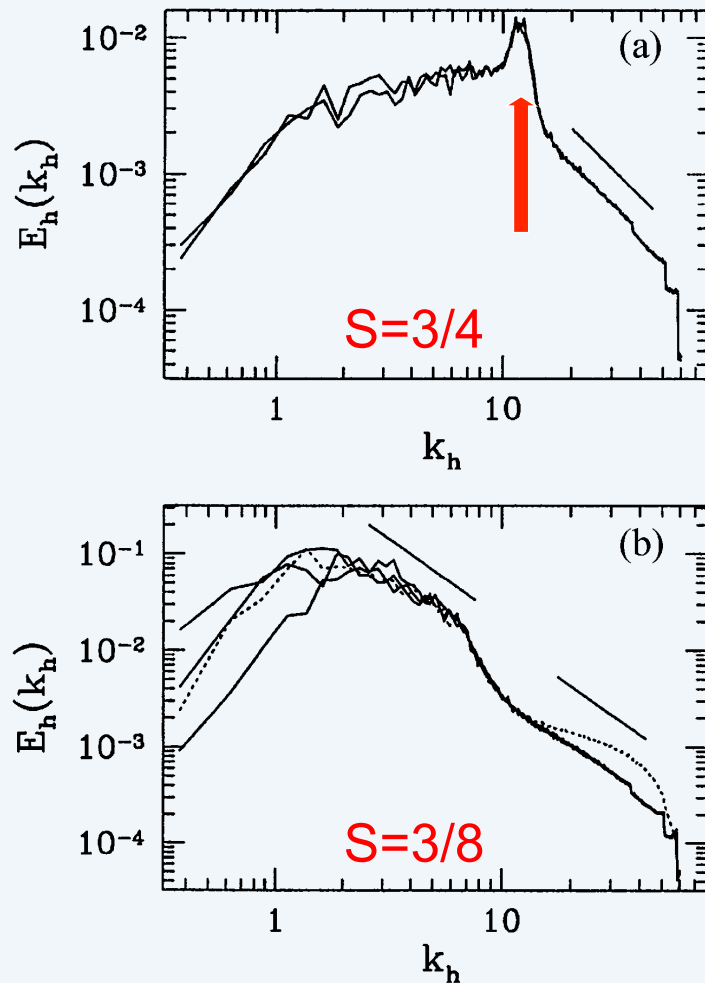


FIG. 2. (upper)  $A = 1/64$ ,  $Ro = \infty$ ,  $S = 0.75$  (statistically steady); (lower)  $A = 1/64$ ,  $Ro = \infty$ ,  $S = 0.375$ : eddy viscosity (solid line) with time increasing upwards; hyperviscosity (dotted line). The lines are  $E_h \propto k_h^{-5/3}$ .

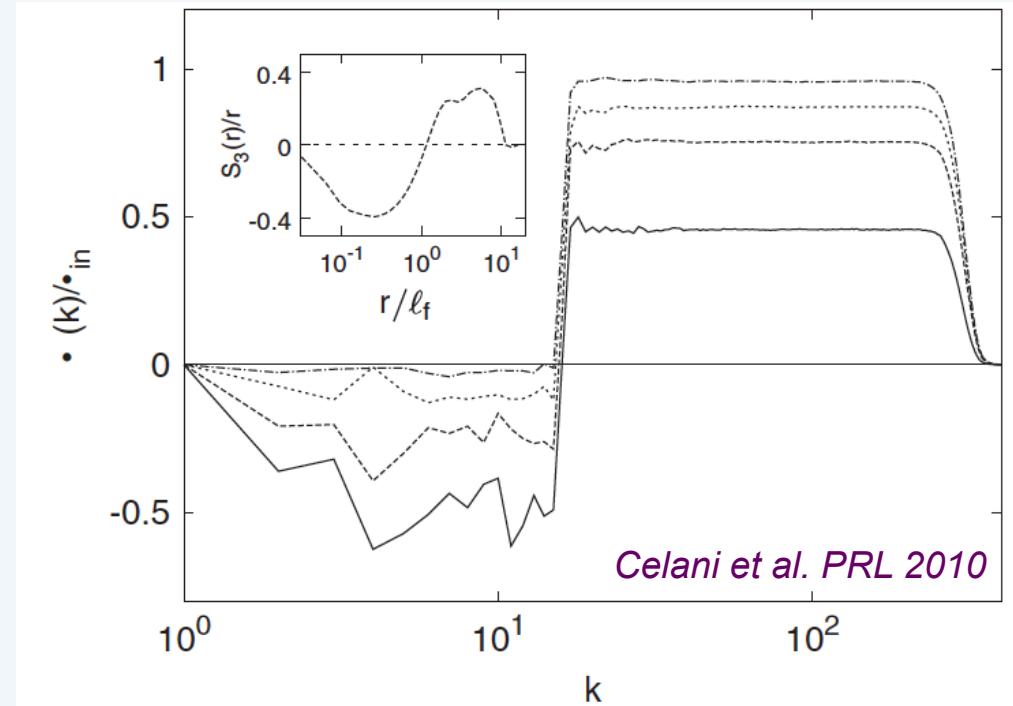
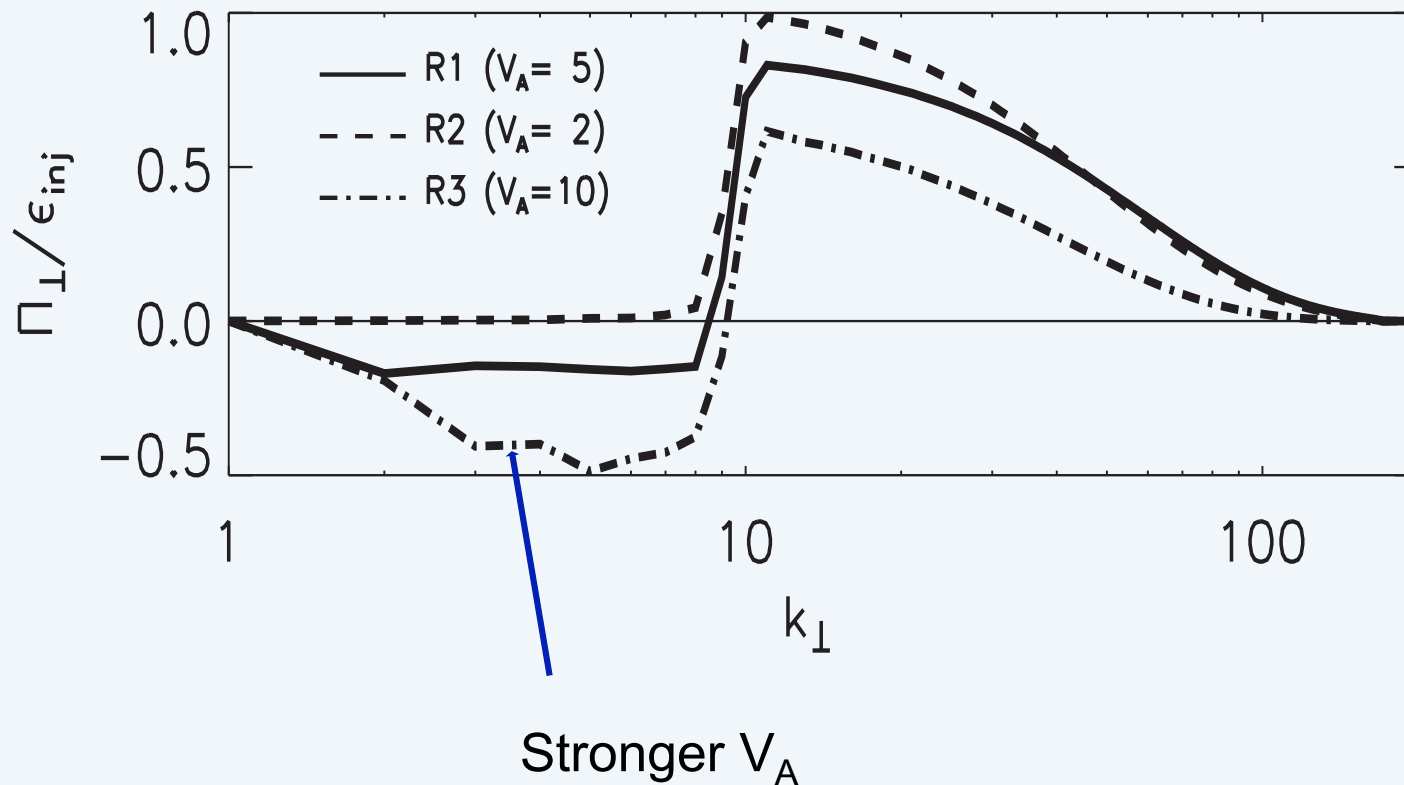


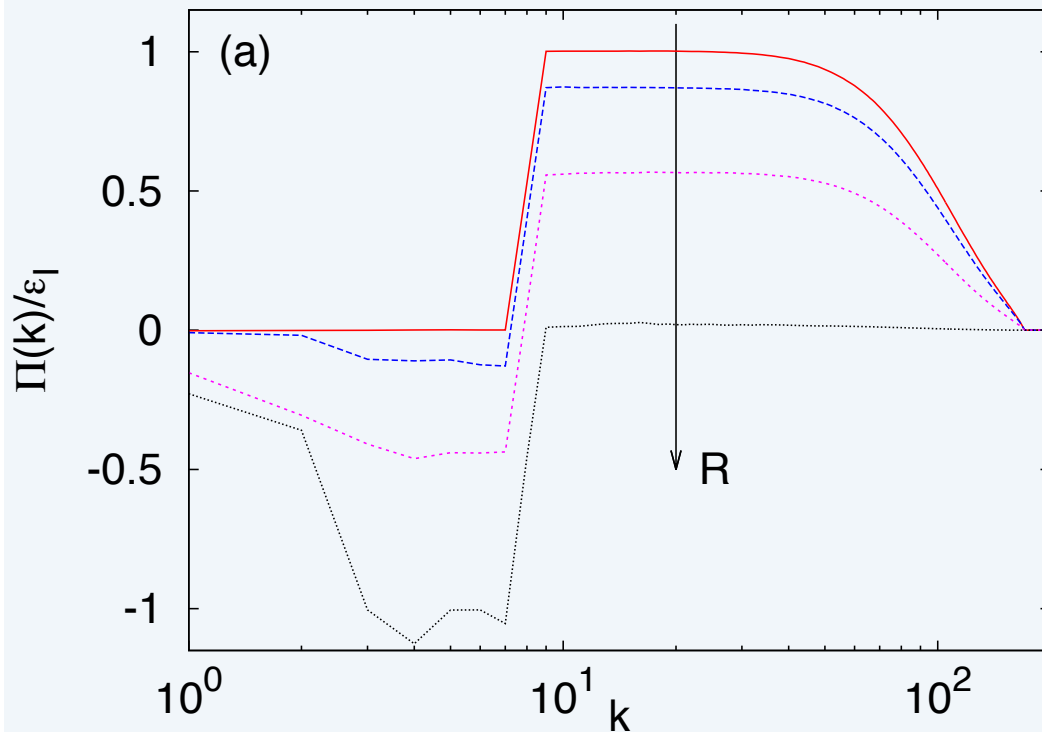
FIG. 2. Spectral flux of kinetic energy for various aspect ratio  $L_z/\ell_f = 1/8, 1/4, 3/8, 1/2$  (from bottom to top). Simulation parameters as in Fig. 1. The inset reports the third order structure function of the velocity,  $S_3(r)$ , for  $L_z/\ell_f = 1/4$ .

# Kinetic energy flux in 3D MHD for various $V_A$



# Energy flux in rotating flows with varying aspect ratios

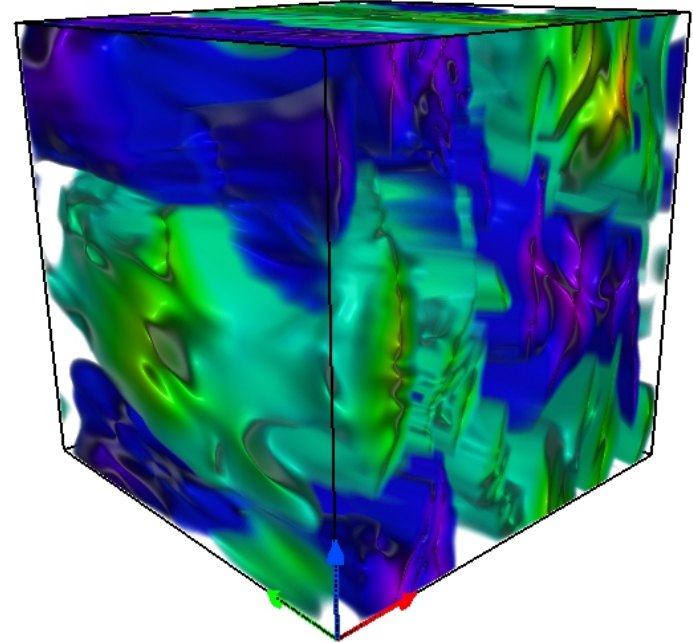
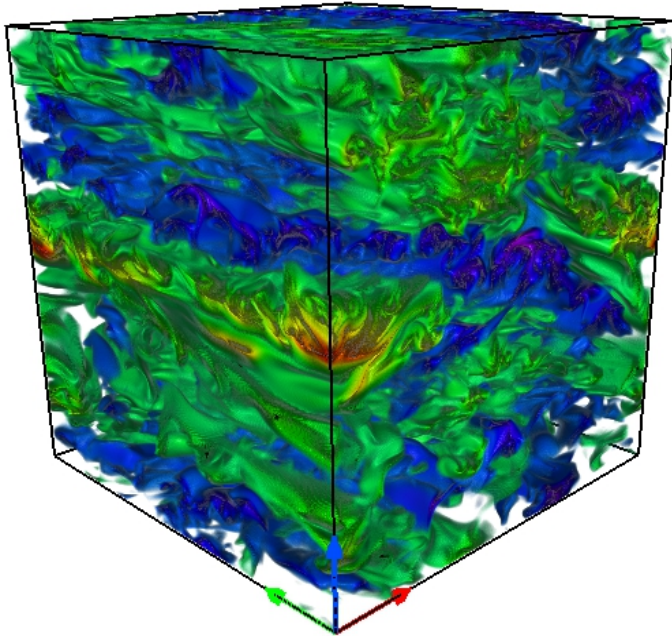
$R \sim f$ : rotation  
 $S = L_z / L_f$



$R = 0, 1, 1.5, 5$   
with  $S = 2$

- **What happens with rotation and stratification in an idealized setting?**

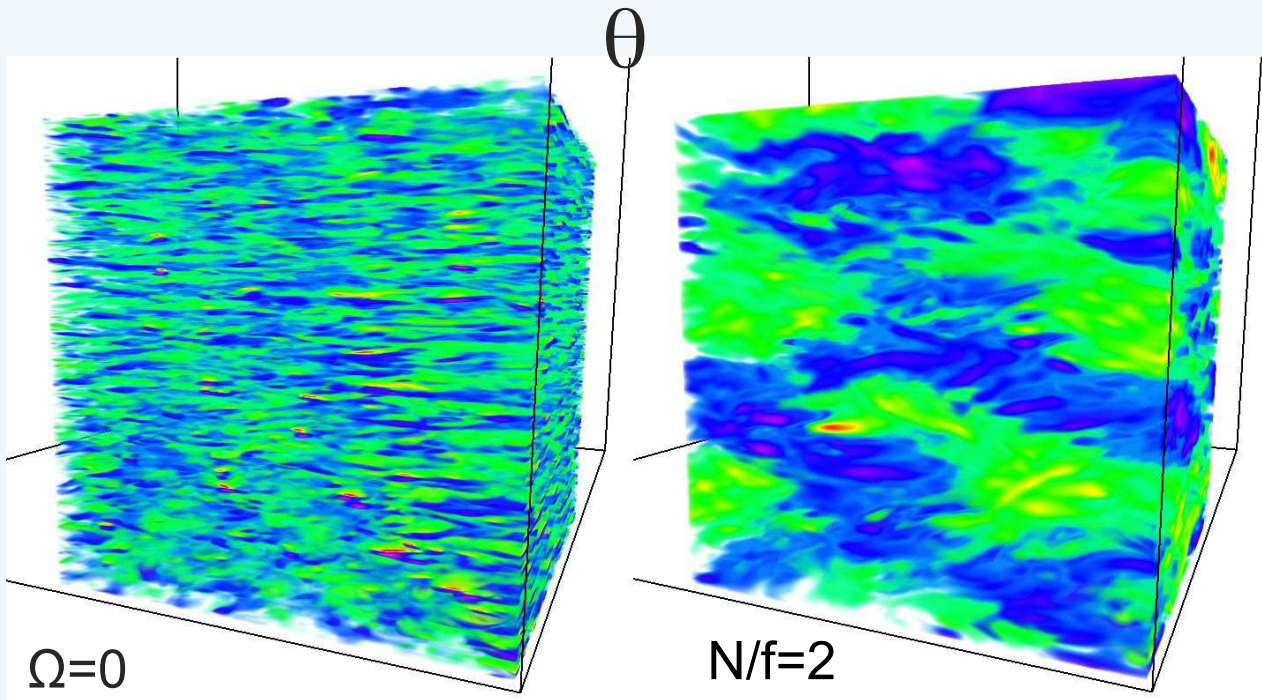
Temperature,  $Re \sim 8000$ ,  $512^3$  grids, decaying flows



$Fr \sim 0.11$ ,  $Ro \sim 0.4$ ,  
 $R_B = ReFr^2 \sim 100$ ,  $N/f \sim 3.6$

$Fr \sim 0.025$ ,  $Ro \sim 0.05$ ,  
 $R_B \sim 5$ ,  $N/f = 2$

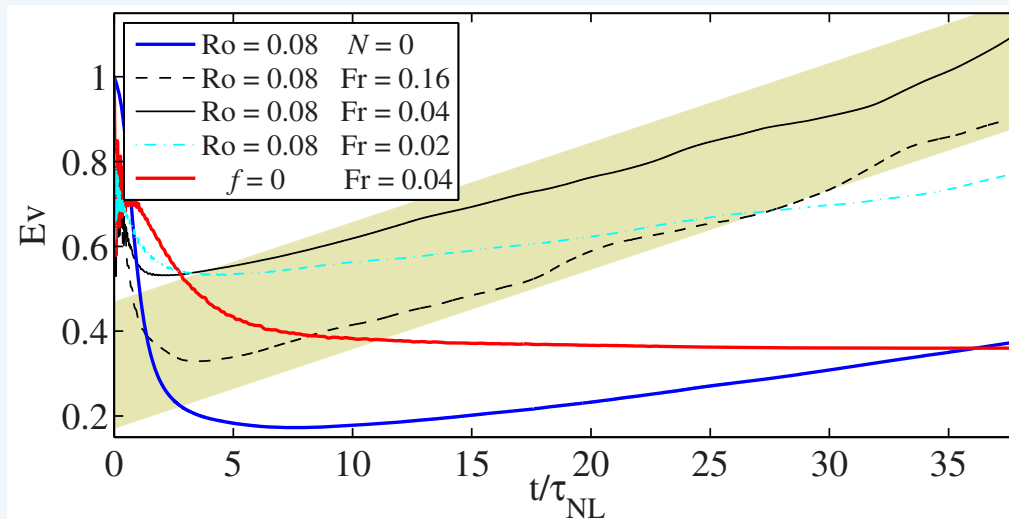




Rot + strat

Forcing at  
small scales

Re=1000

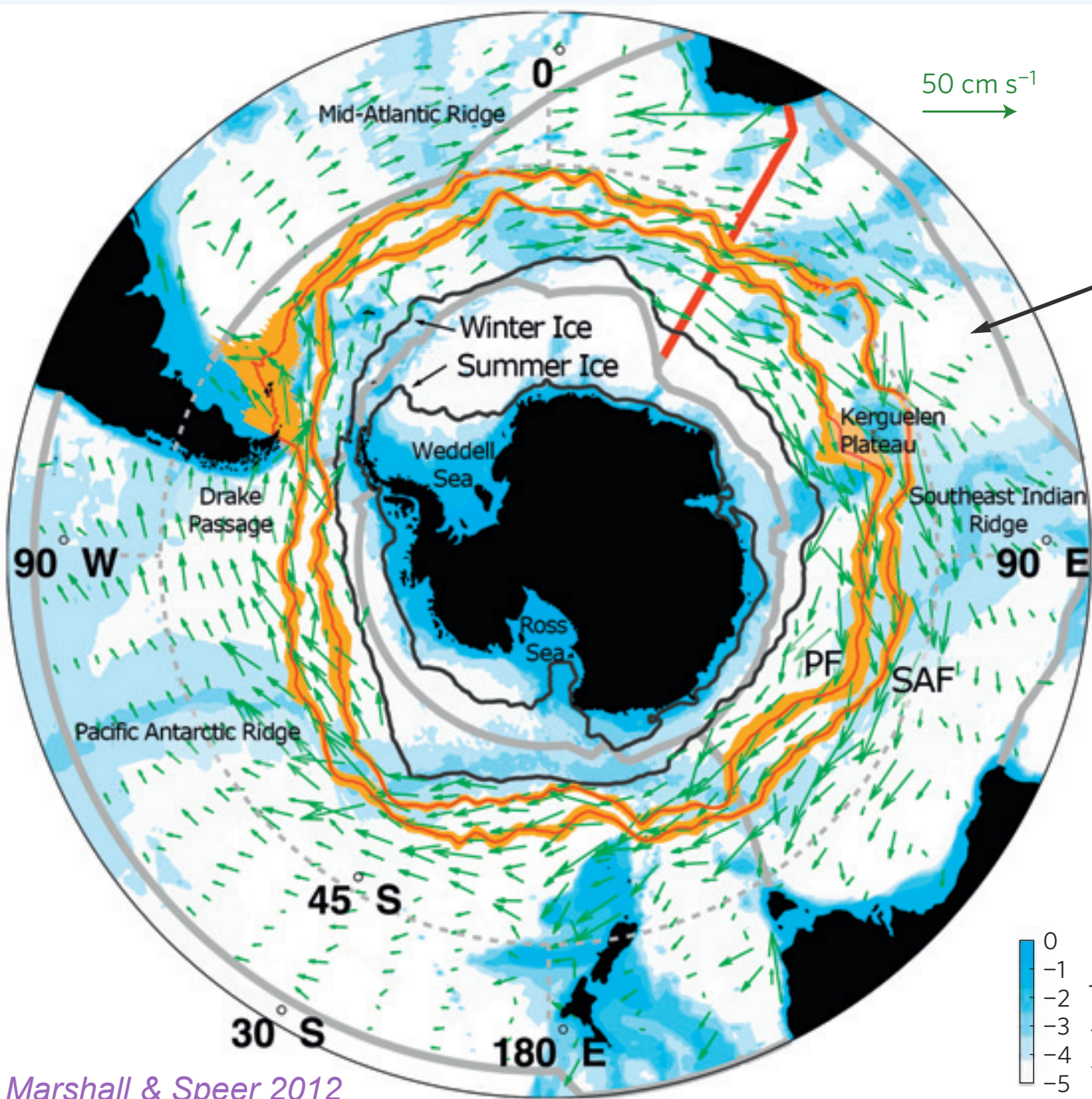


$E(t)$

512<sup>3</sup> or 1024<sup>3</sup> grids

$k_F=22$  or 40

*No rotation*



Marshall & Speer 2012

Run: MIT-GCM,

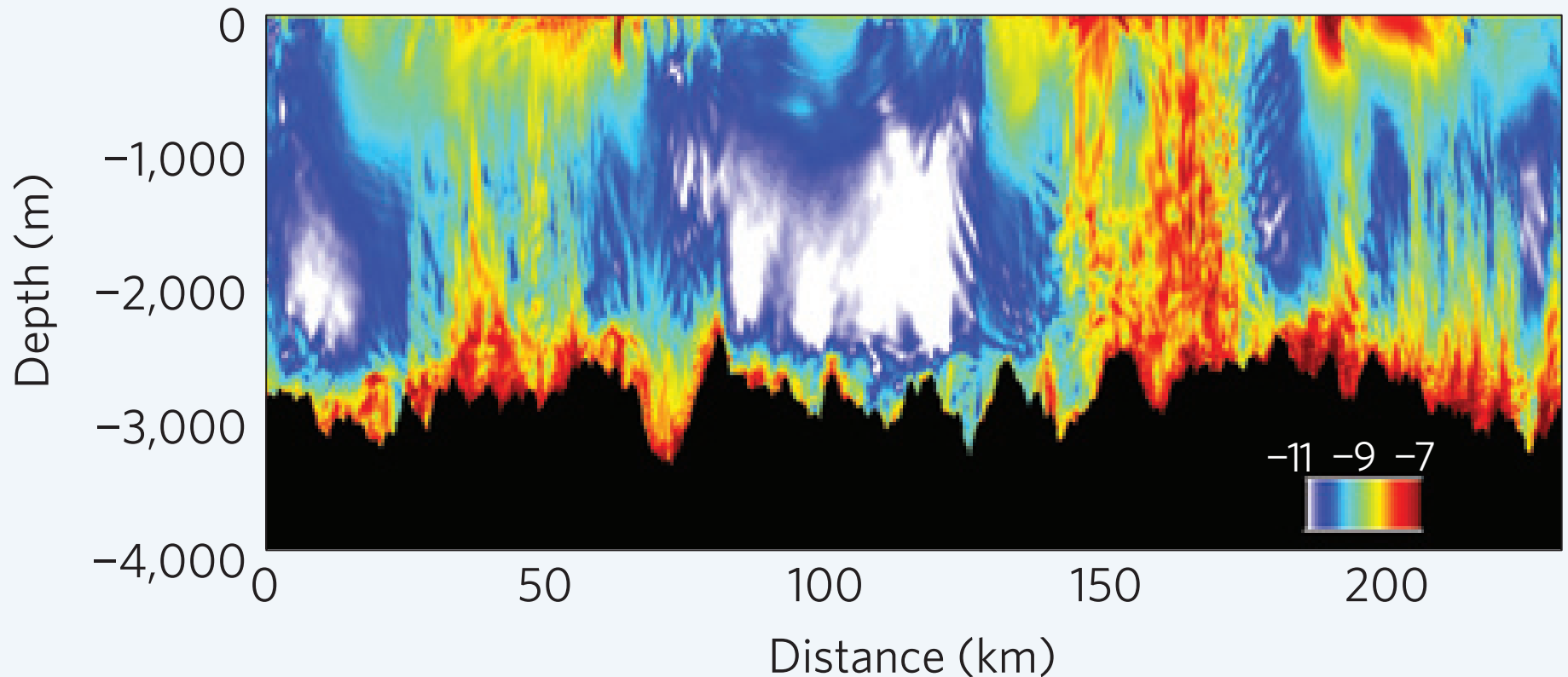
$N/f \sim 4.7$ , Grid  $\sim 1200^2 \times 200$  points,  $230 \times 230 \text{ km}^2 \times 4 \text{ km}$

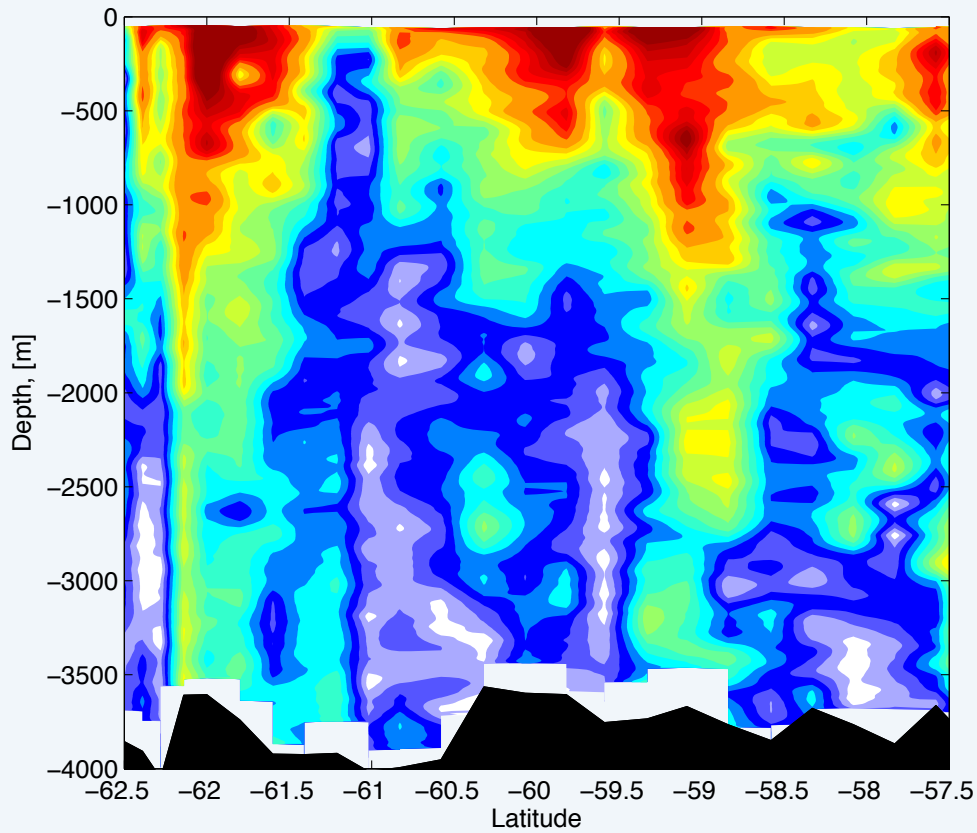
$U \sim 10 \text{ cm/s}$ ,  $N = 7 \times 10^{-4} / \text{s}$ , high Prandtl number

$R_{\text{perp}} \sim 7 \times 10^7$ ,  $R_z \sim 7 \times 10^3$

Energy dissipation  $10^{-10}$

$\rightarrow 10^{-8} \text{ W/kg}$





Measurements in the Southern Ocean

← of flow speed

and of buoyancy frequency

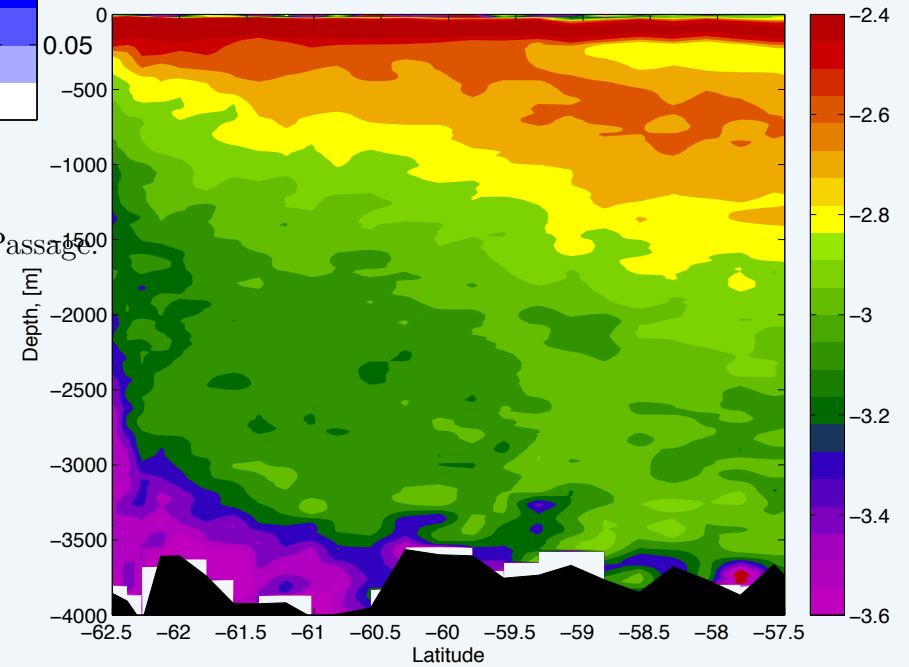
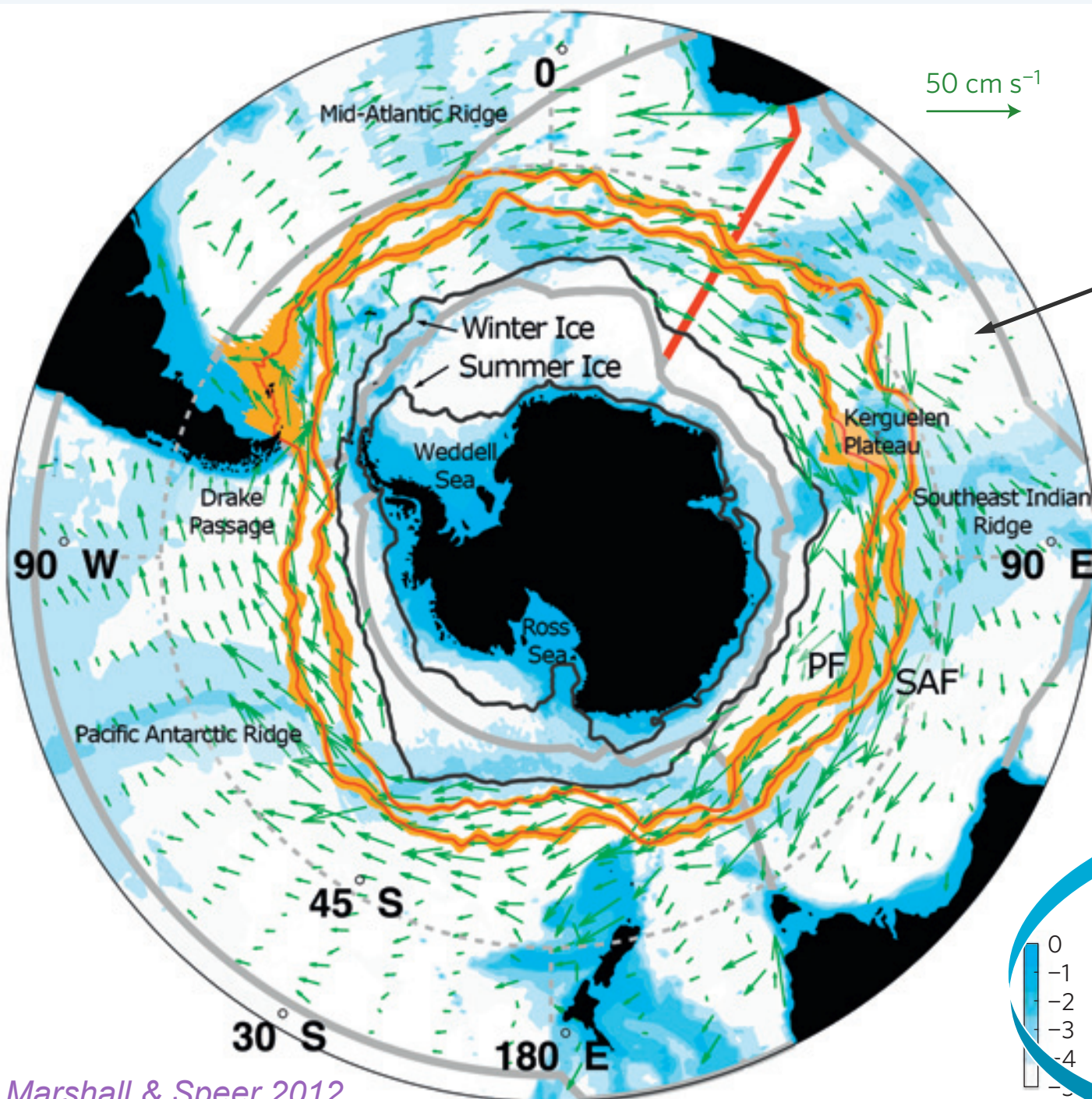


Figure 3-2: Flow speed ( $\text{m s}^{-1}$ ) from the ALBATROSS section, Drake Passage.

Figure 3-1: Buoyancy frequency ( $\text{s}^{-1}$ ) in logarithmic scale from the ALBATROSS section, Drake Passage.

*Nikurashin, 2009*





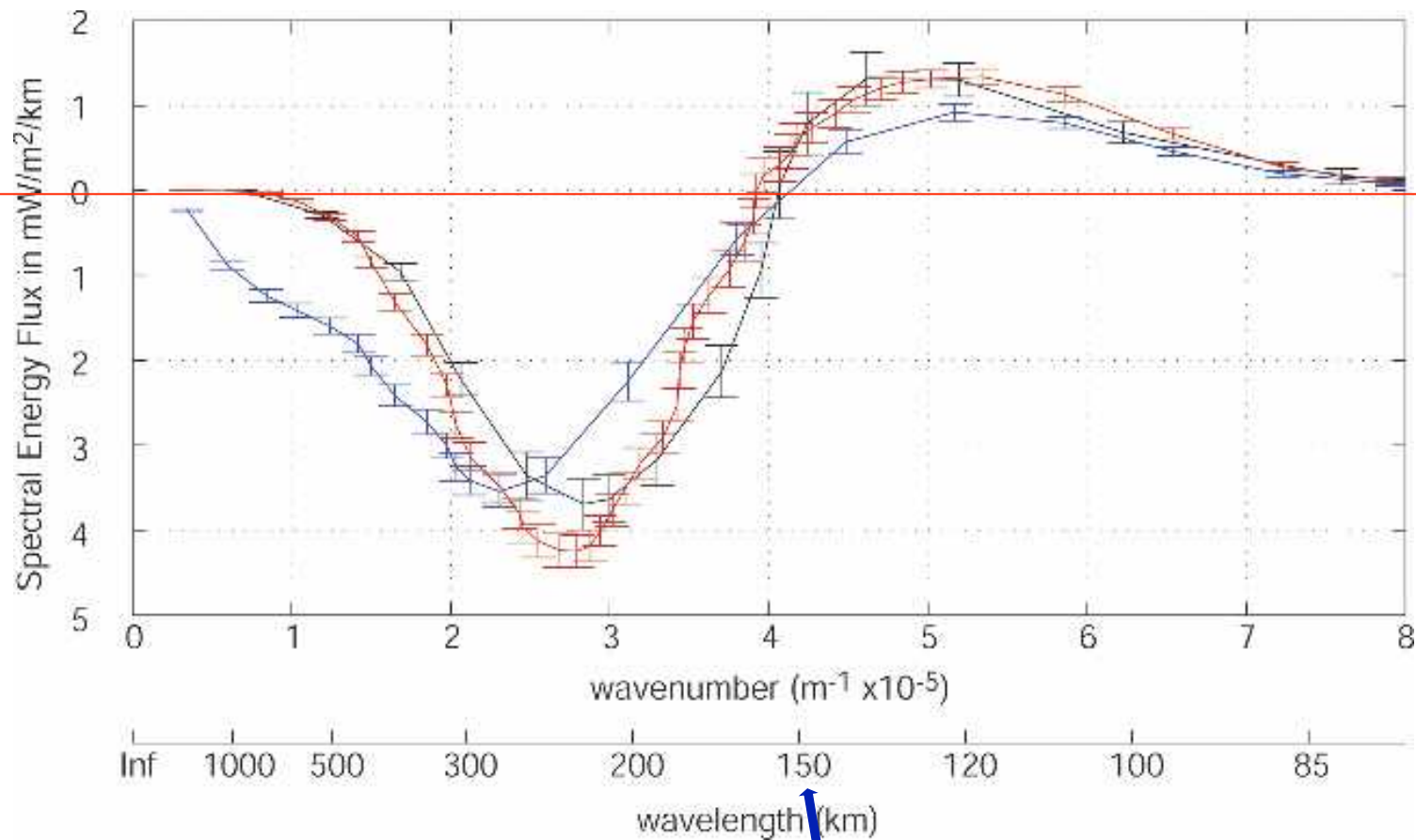
$5\text{km}^3$   
next to the  
Kerguelen  
Plateau

$L_F \sim 500\text{m}$   
 $U \sim 0.04\text{m/s}$   
 $N = 0.001 / \text{s}$   
 $f = N / 10$

$Fr = 0.08$   
 $Ro = 0.8$   
 $\nu = 10^{-6} \text{m}^2/\text{s}$   
 $Re = 2 \cdot 10^7$   
 $R_B \sim 10^5$

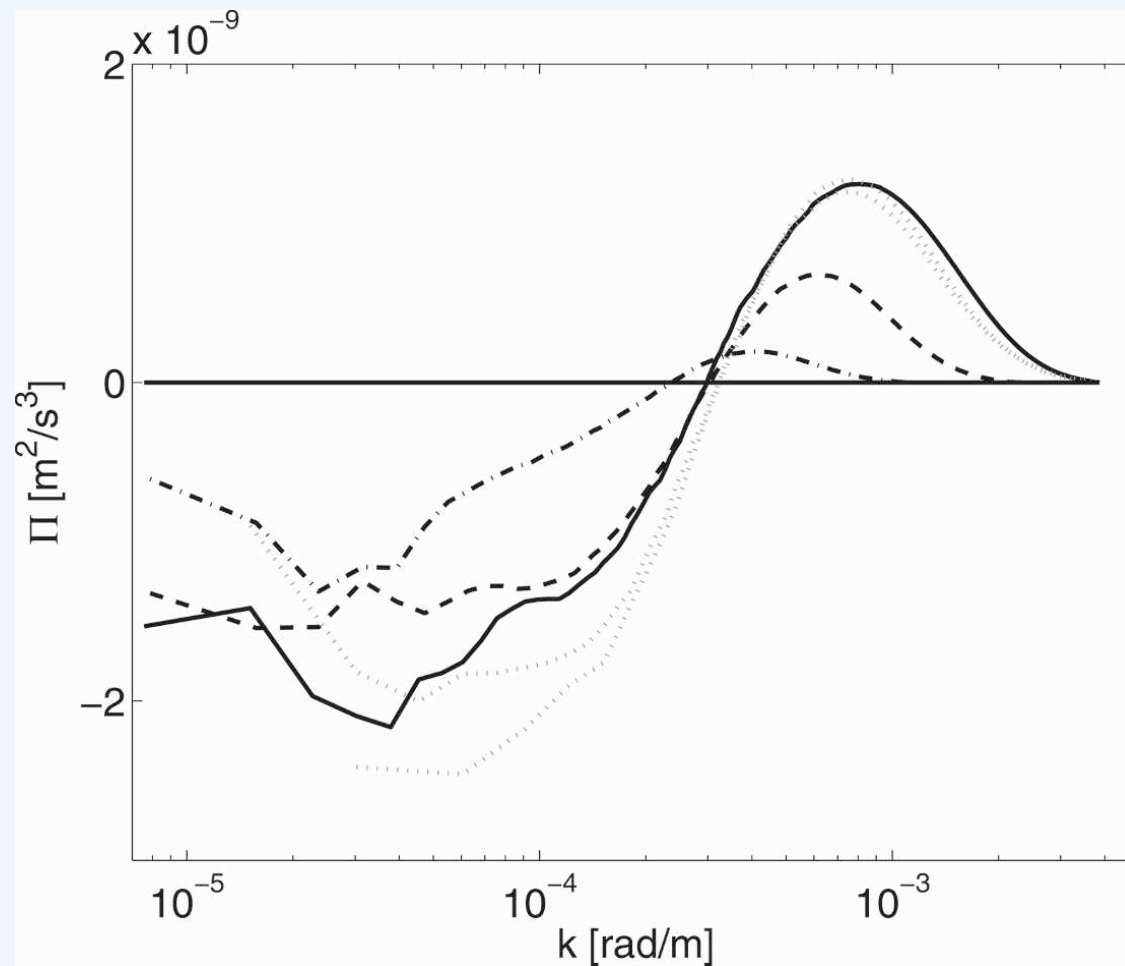
**DNS** run  
Boussinesq  
2048<sup>3</sup> grid  
 $\nu = 8 \times 10^{-4} \text{m}^2/\text{s}$   
**Re=24000**  
 **$R_B \sim 150$**   
**Pr = 1**

# Kinetic energy flux in the ACC, 10+ yrs data every 10 days $\sim T_{NL}$



Deformation radius





← Energy flux  
and spectrum

ROMS

*Forcing in momentum, fresh  
water & heat with restoring  
force, KPP & sponge layer*

**Down to 0.75km res.  
(solid line)**

*Larger range  
for the inverse cascade  
than for the direct one*

# A paradox?

- *Capet et al. (2008), ROMS+KPP:*

... we hesitate to draw any strong conclusions about the efficacy of a mesoscale inverse KE {Kinetic Energy} cascade in our solutions, although our results indicate it does occur to some degree ...

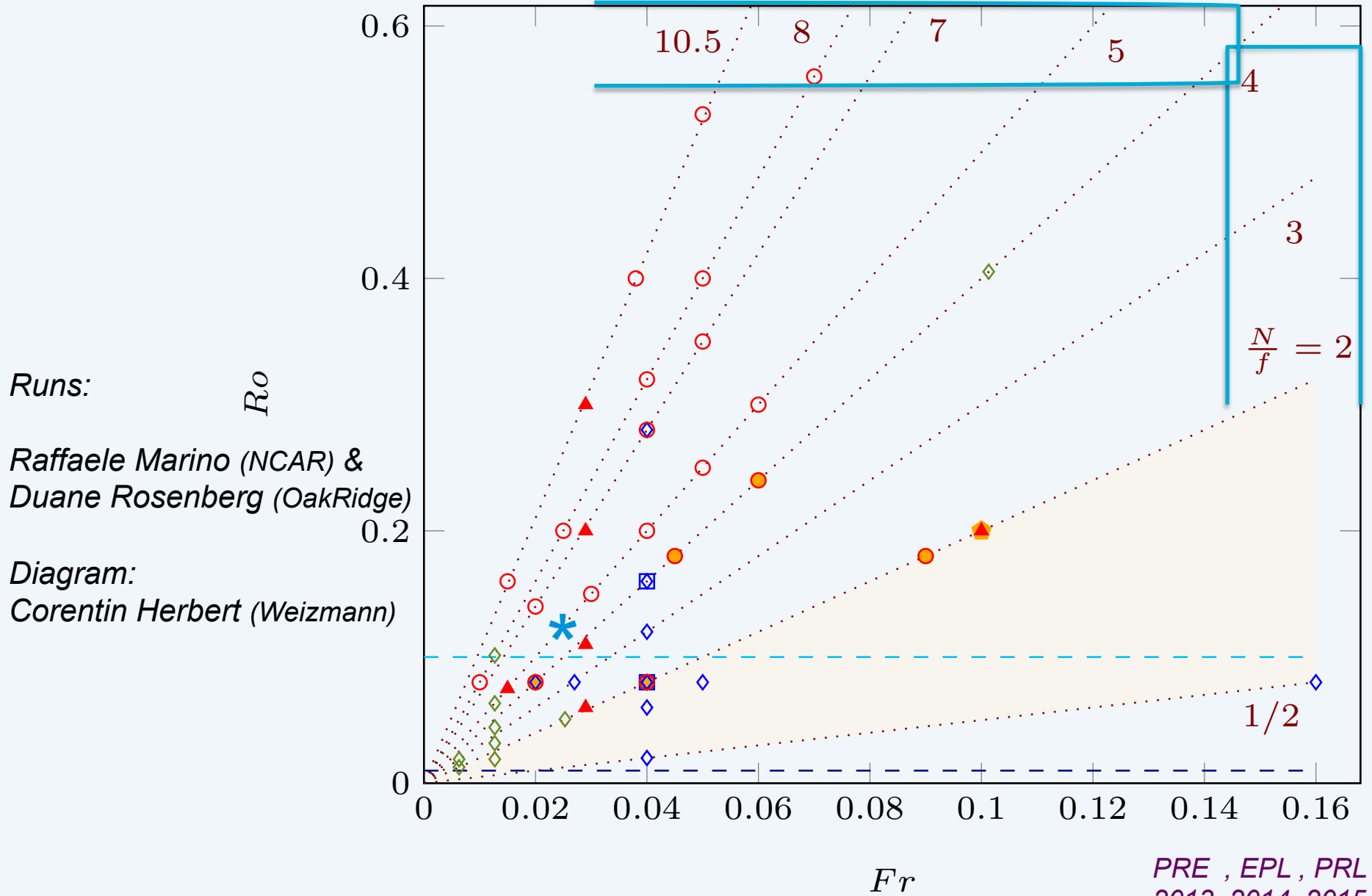
- \* *Scott et al. (2011), oceanic data analysis:*

despite great effort in studying the ocean's energy budget in the last two decades, the bulk of the dissipation of the most energetic oceanic motions remains unaccounted for.

## Geophysical High Order Suite for Turbulence (Gomez & Mininni)

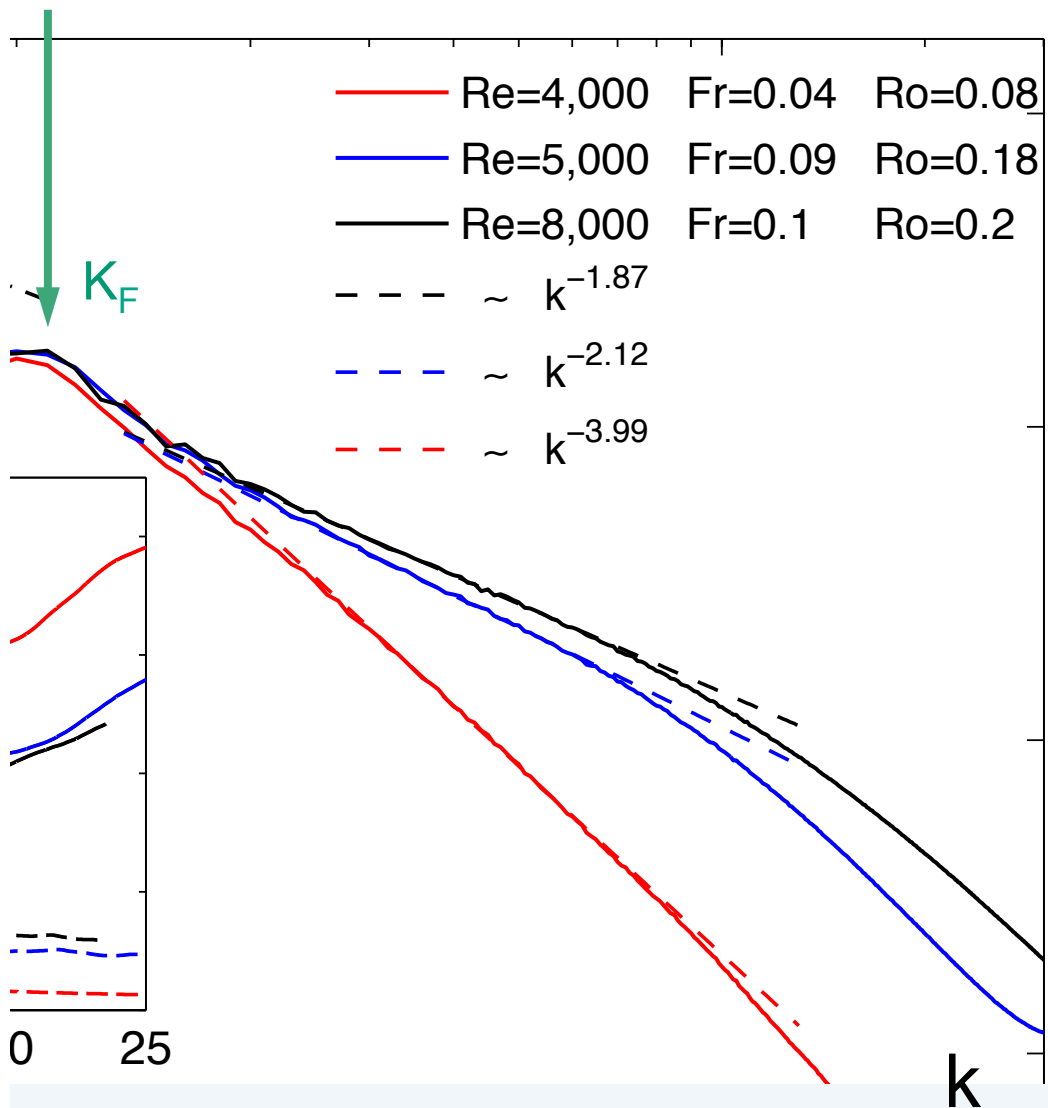
- Pseudo-spectral DNS, periodic BC cubic (also 2D), single/double precision; Runge-Kutta for incompressible Navier-Stokes, SQG & Boussinesq. Includes rotation, passive scalar(s), MHD + Hall term
- GHOST, from laptop to high-performance, parallelizes linearly up to 100,000 processors, using hybrid MPI/Open-MP (Mininni et al. 2011, *Parallel Comp.* 37)
- 3D Visualization: VAPOR (NCAR); and development @ OakRidge (D. Rosenberg)
- LES: alpha model & variants (Clark, Leray) for fluids & MHD
- Helical spectral (EDQNM) model for eddy viscosity & eddy noise
- **NEW!** Lagrangian particles (w. A. Pumir, ENS)
- **NEW!** Gross-Pitaevskii & Ginzburg-Landau (with M. Brachet, ENS)
- **Data, forced:**  $2048^3$  Navier-Stokes and  $1536^3$  &  $3072^3$  with rotation, both w. or w/o helicity. Rotating stratified turbulence w.  $2048^3$  grids.
- **Spin-down MHD:**  $1536^3$  random +  $6144^3$  ideal &  $2048^3$  w. T-Green symmetry.
- **Decaying rotating stratified flow,**  $N/f \sim 5$ ,  $Re = 5.5 \cdot 10^4$ ,  $2048^3$ ,  $3072^3$  &  $4096^3$  grids

# Rotating-stratified data



CPU: NSF (XSEDE & Yellowstone/NCAR); \* : DOE/INCITE, 4096<sup>3</sup> grid

PRE, EPL, PRL  
2013, 2014, 2015  
47

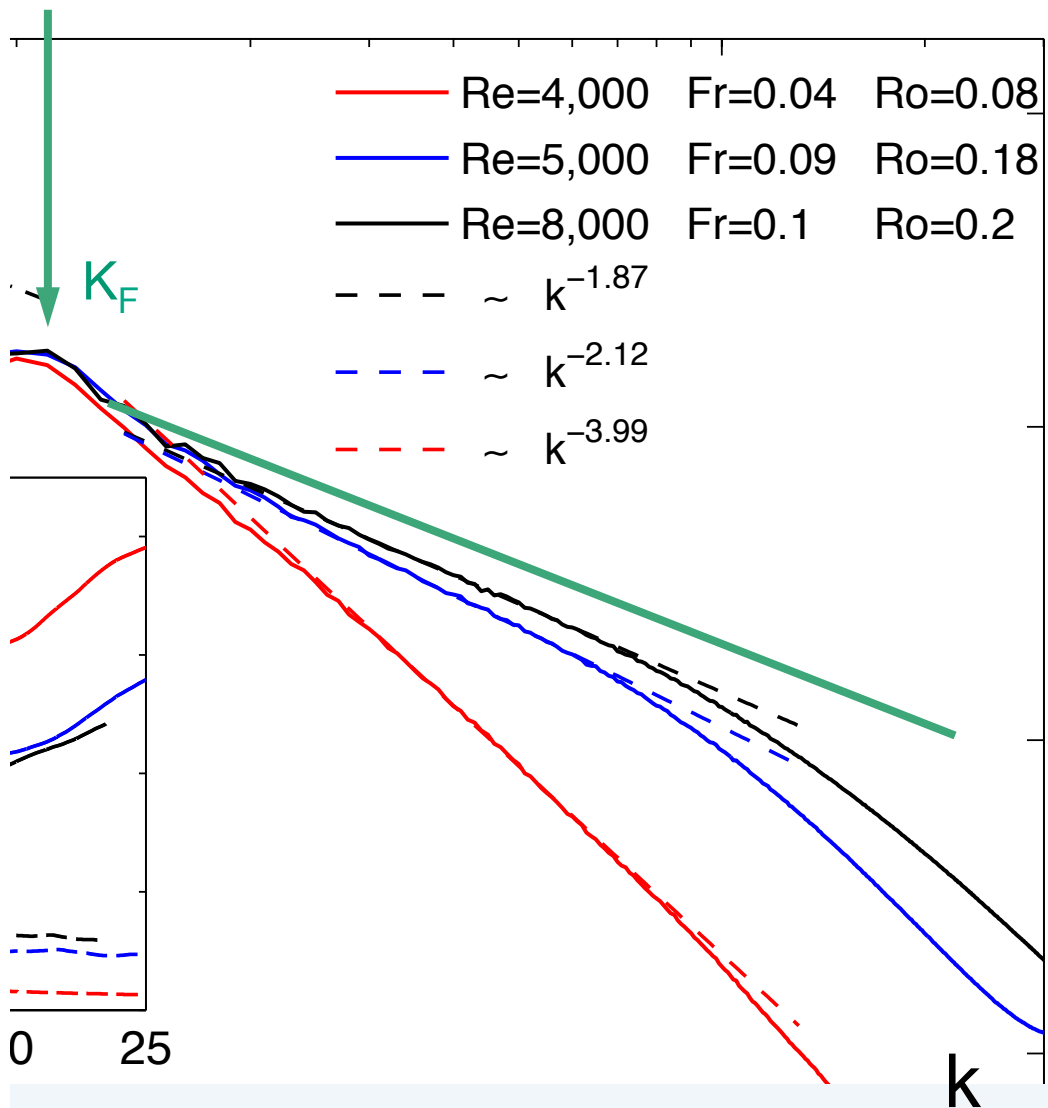


*Forcing at  $K_F \sim 10$*

Small-scale spectra  
 $N/f = 2$  and for  
 different parameters

$$R_B = Re Fr^2$$

$$R_B = 6, 40 \text{ \& } 80$$



*Forcing at  $K_F \sim 10$*

Small-scale spectra  
 $N/f = 2$  and for  
 different parameters

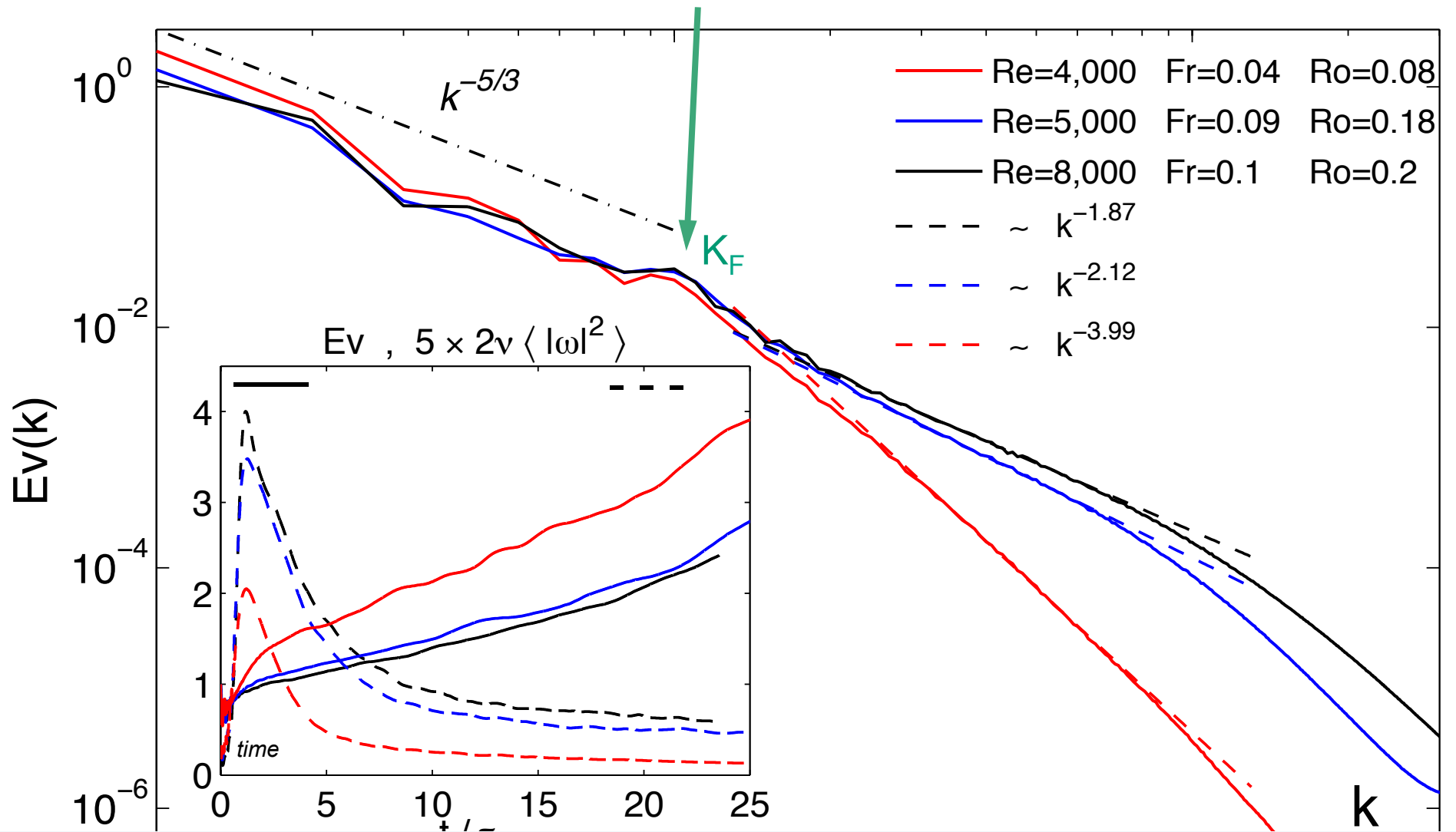
$$R_B = Re Fr^2$$

$$R_B = 6, 40 \text{ \& } 80$$

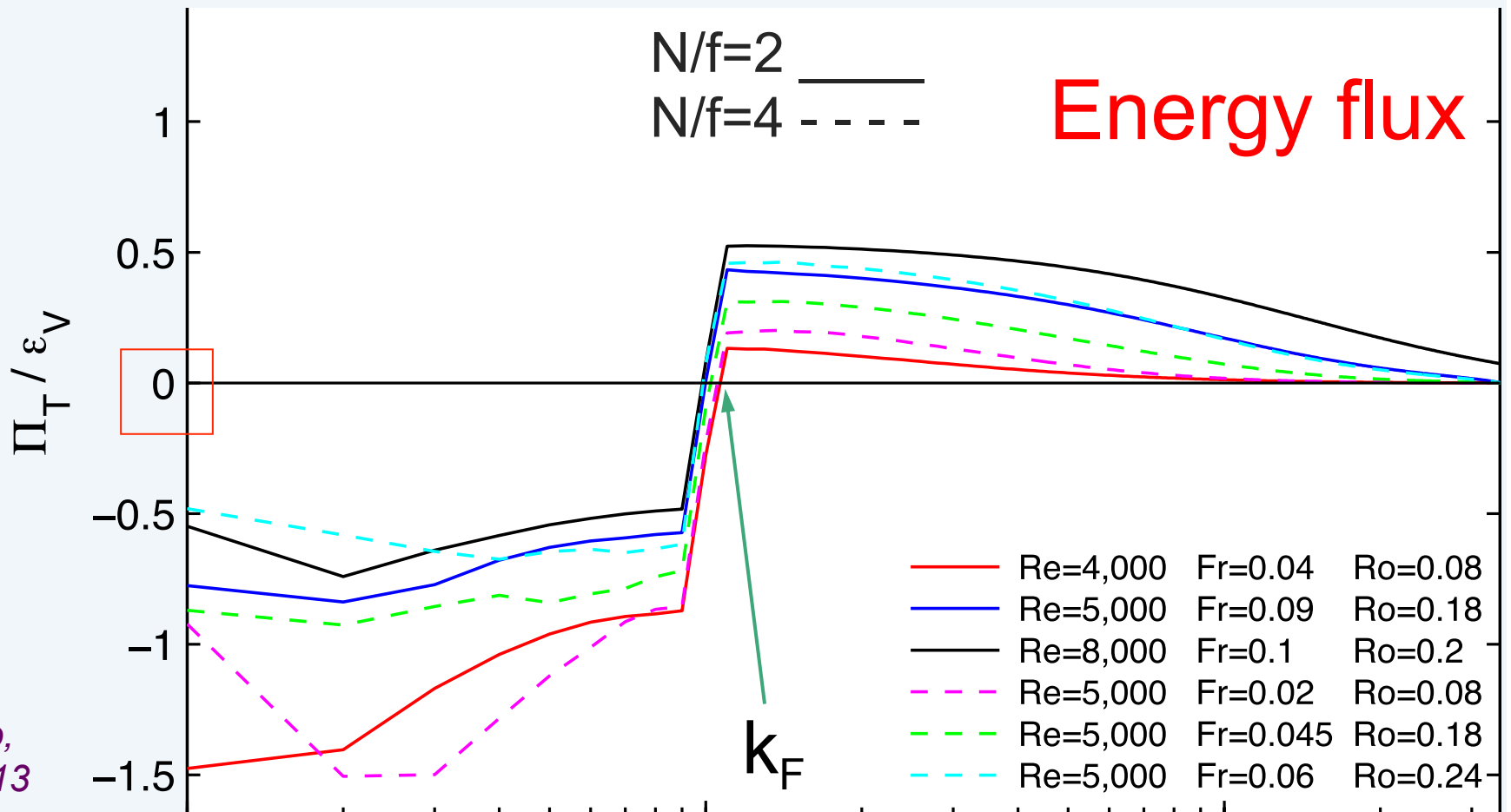
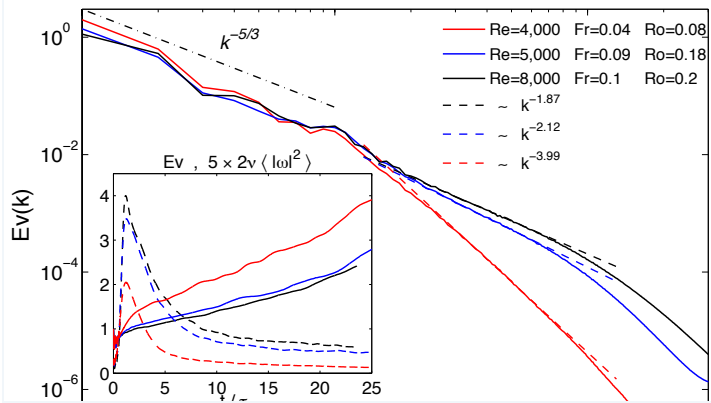
$$\text{\& } 120, \\ E(k) \sim k^{-1.77}$$



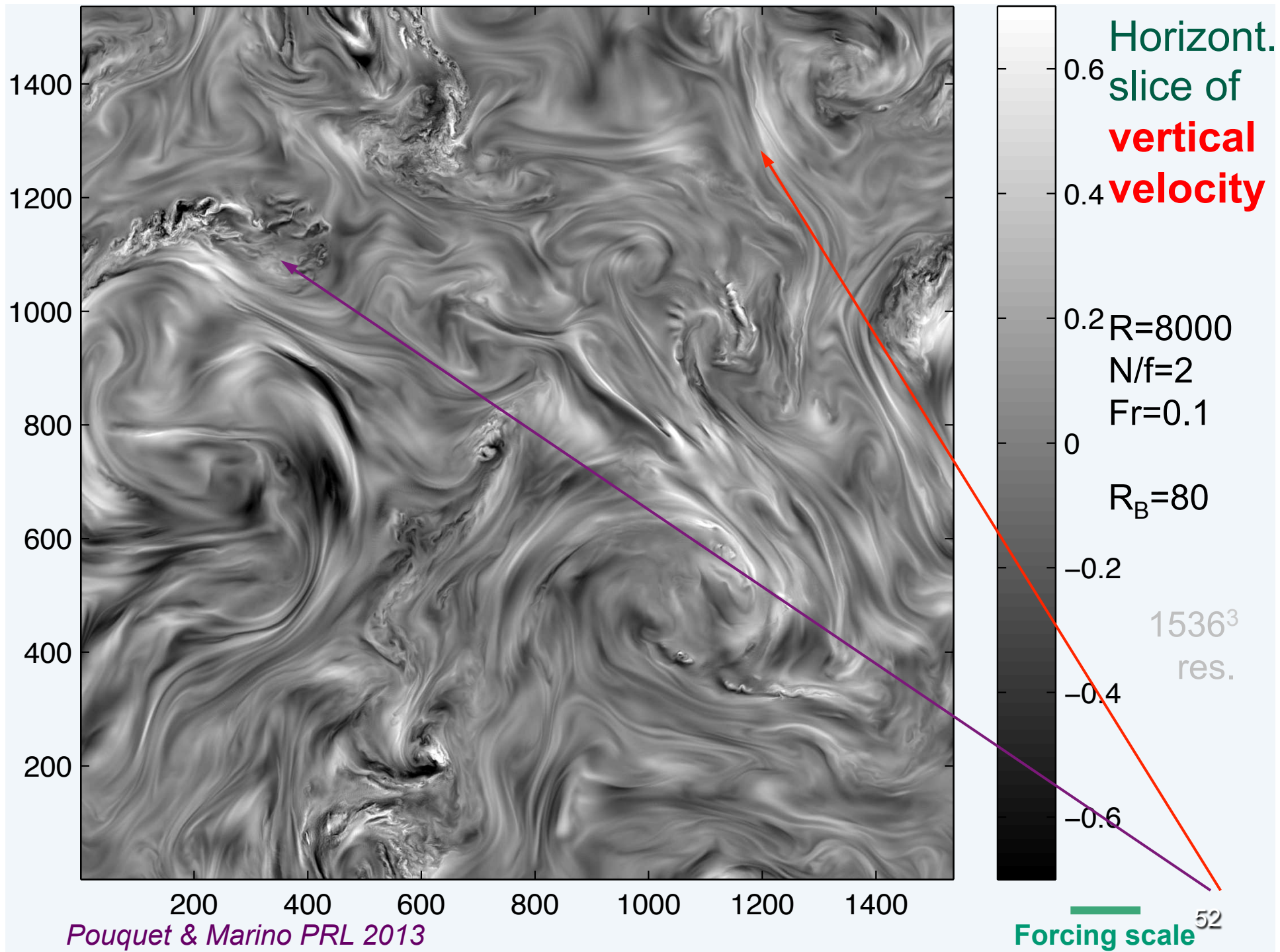
# Large-scale spectra, $N/f=2$

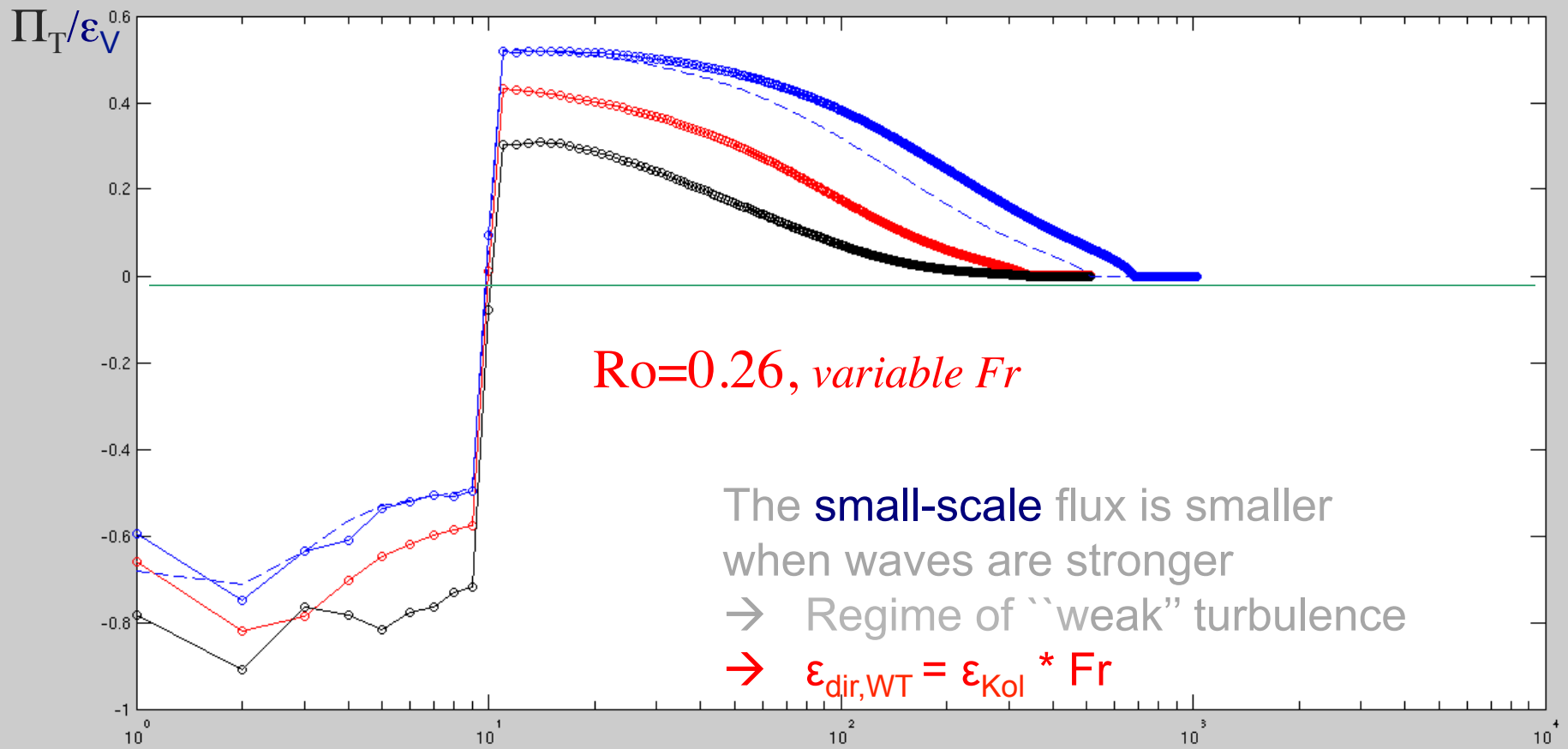


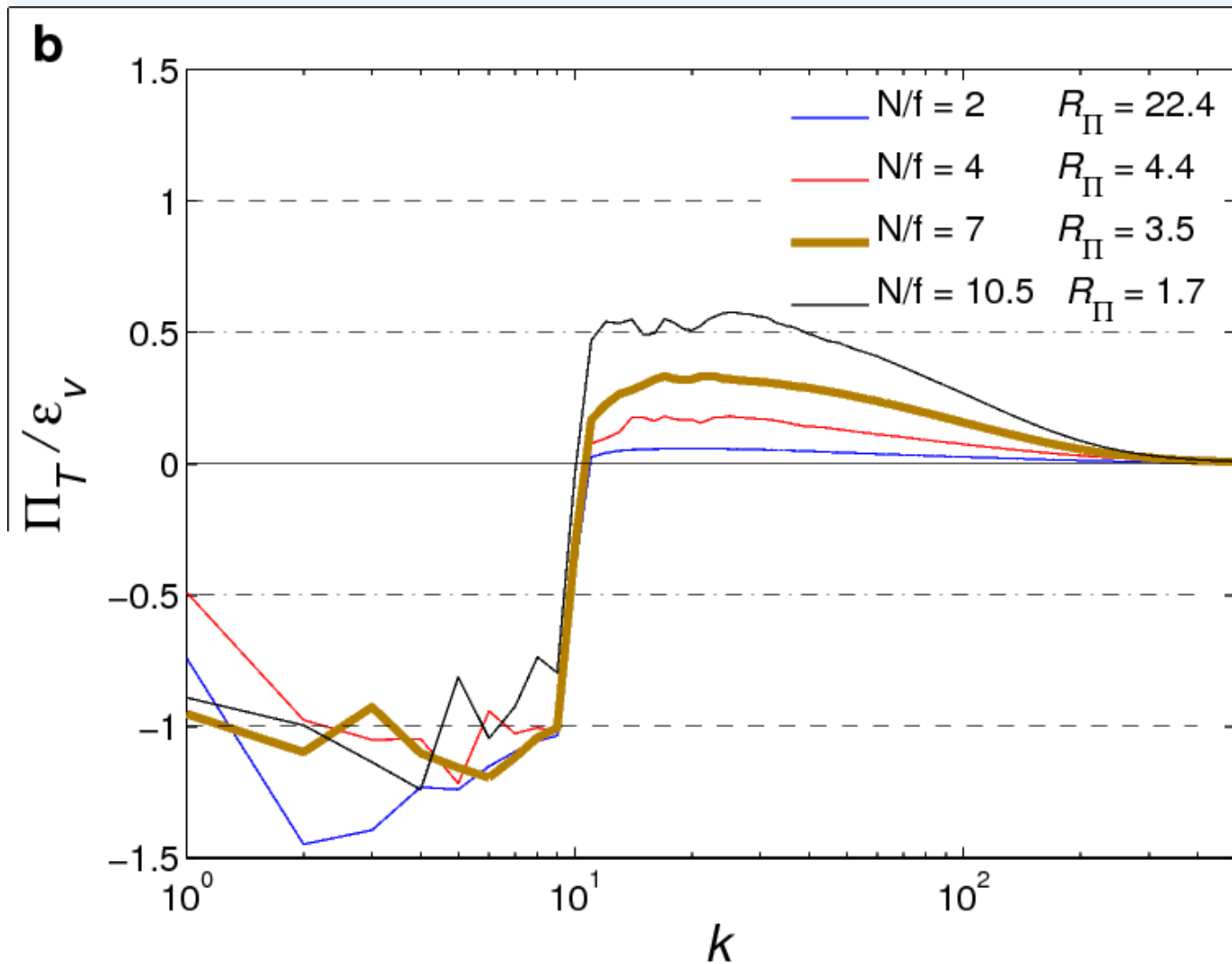
Temporal growth of energy (—) & stabilisation of energy dissipation (- - -)



Pouquet  
 & Marino,  
 PRL 2013







$Fr=0.04$ , variable  $Ro$

$N/f=Ro/Fr$ ,  $Ro=U/[Lf]$

$Ro \sim 0.08$

$\sim 0.16$

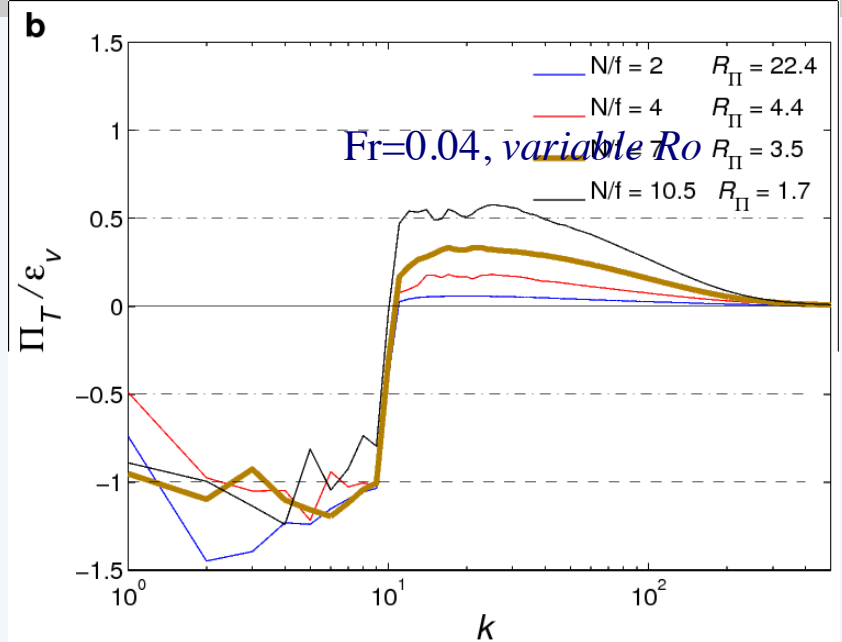
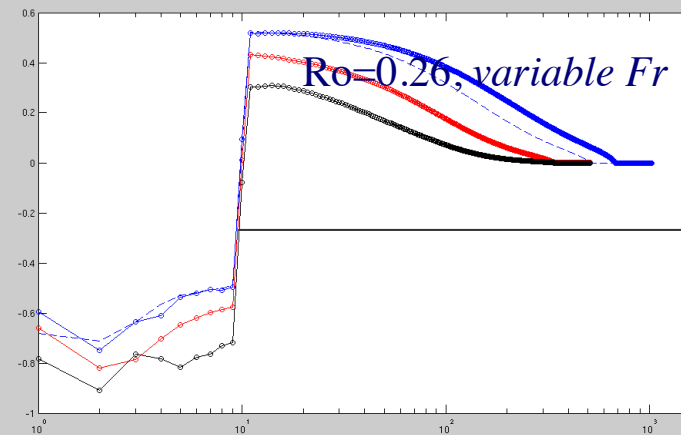
$\sim 0.28$

$\sim 0.45$

*The stronger the rotation, the larger is  $R_{\Pi}$ , i.e. the larger is the cascade to large scales relative to that to small scales*

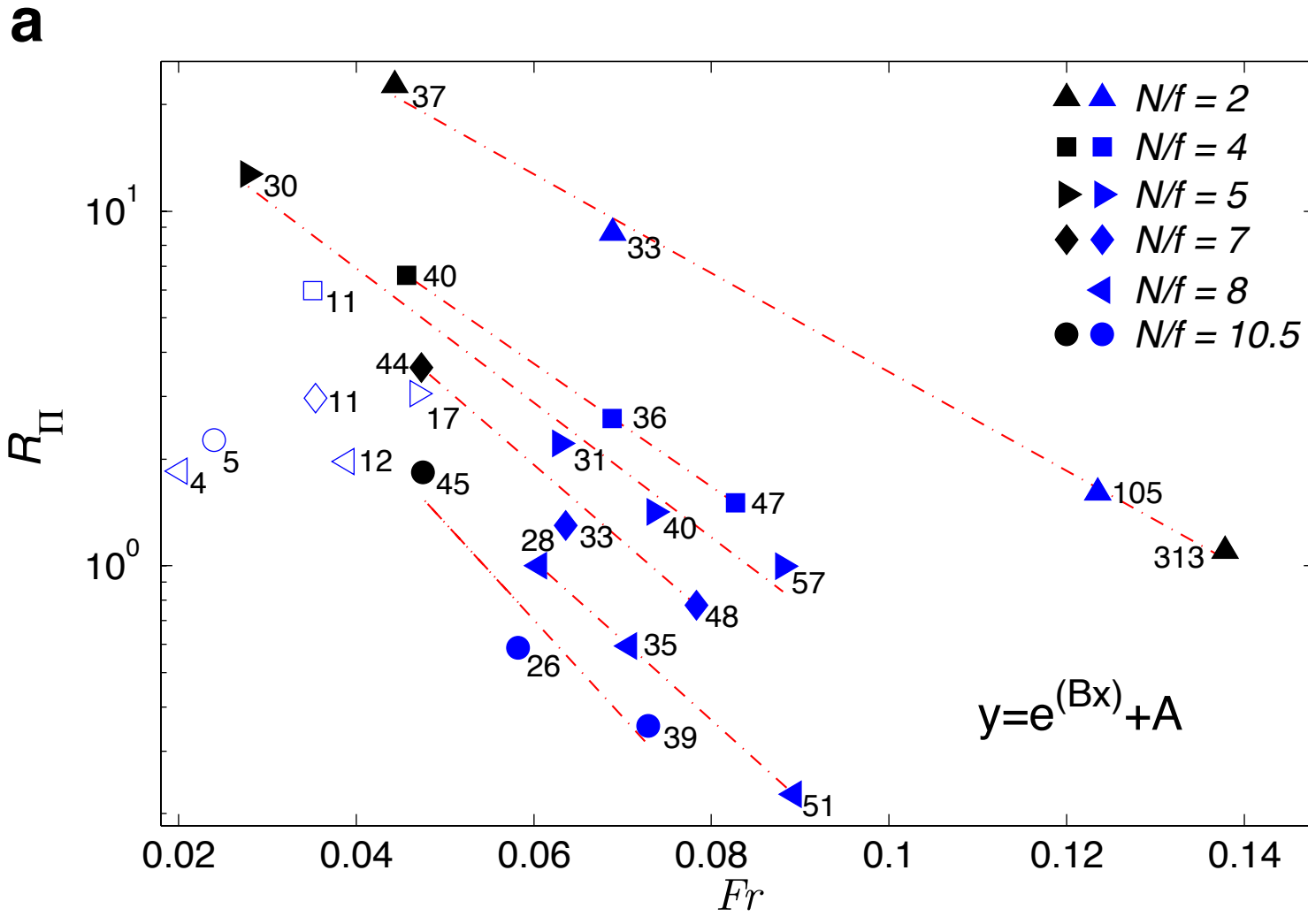
$$\rightarrow \epsilon_{LS} / \epsilon_{SS} \sim [Fr * Ro]^{-1}$$

$$\sim \omega_{rms} [Nf]^{-1/2} Re^{-1}$$





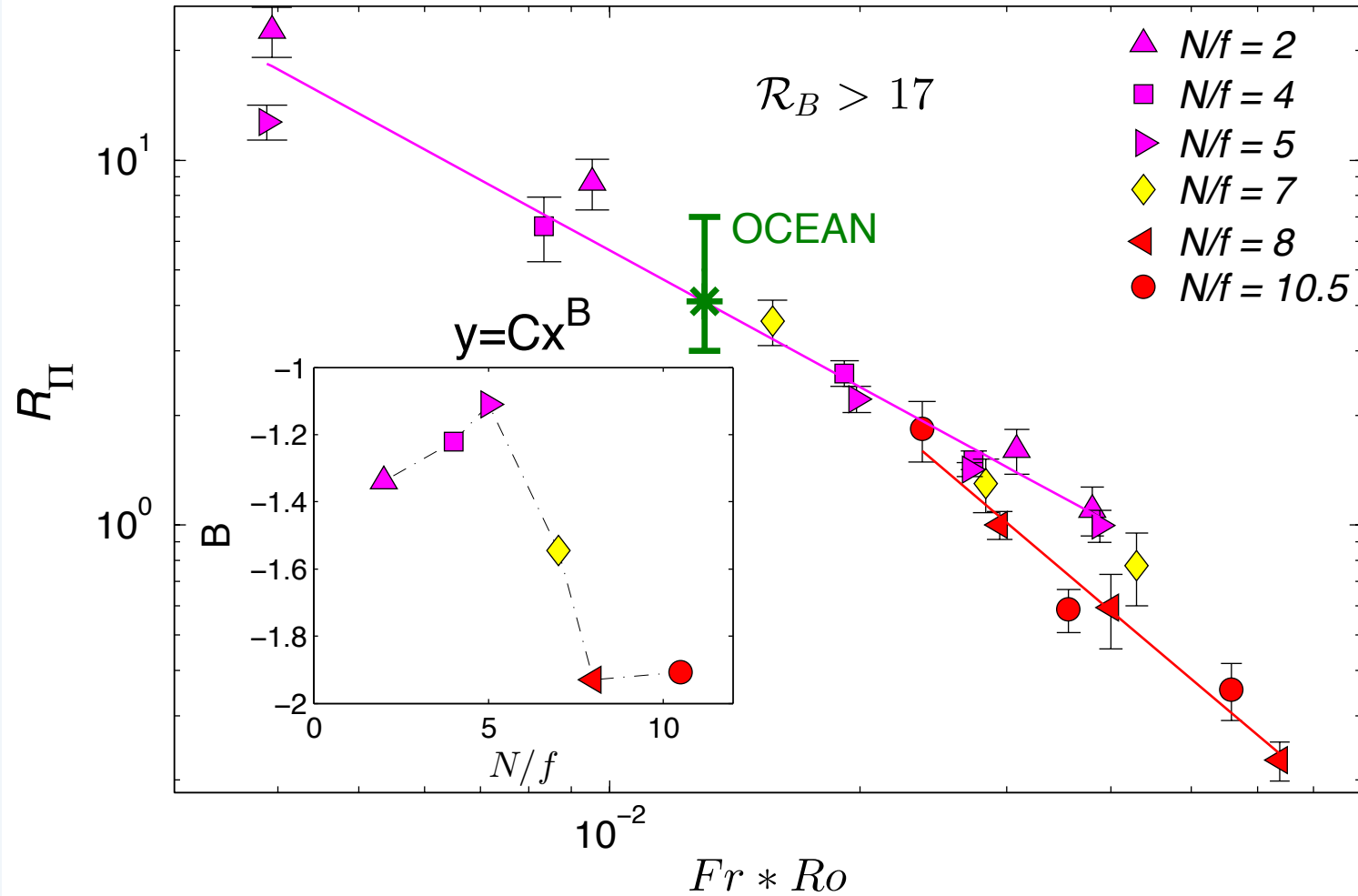
$$R_{\Pi} = \frac{\varepsilon_{\text{inv}}}{\varepsilon_{\text{dir}}}$$



\* Point labeled with values of  $R_B = Re Fr^2$

$$R_{\Pi} = \varepsilon_{\text{inv}} / \varepsilon_{\text{dir}}$$

**b**



$$R_B = Re Fr^2$$

## Conclusion

Dual bi-directional constant flux cascades are the norm, allowing for long-time large-scale coherent structures as well as small-scale mixing and dissipation